

## 12 – Sacrifice of Existence (Ordinary Life)

- 7:05 [simmontemplar](#): nice David!! ...a default mechanism
- 7:05 [lost horizon](#): the treasure is under a big W..
- 7:06 [dosts](#): can ya'll zoom in just a tad please??
  - » much gooder thank u
- 7:07 [mollymidway](#): yw
  - » sacrifice of existence
  - » in ordinary life
  - » sacrifice of comfort, again
- 7:09 [sinhog](#): Mindfulness
- 7:09 [auriah](#): I don't know! But it does!
  - » I don't know how exactly! but it does!
- 7:10 [piandjo](#): Maybe "the whole day" means we make our everyday living with our left hand.
- 7:11 [mollymidway](#): give service outside the community of work...what does that mean? david asks...hm...
- 7:12 [auriah](#): I think it means that before we could only do these things for short periods as we learned, but now, we are able to do it all day, (mostly).
- 7:13 [Pro markroche](#): for me doing it 24 hours means working to maintain a constant thread of essence awareness and always working to honor what seems to serve the practice of the teachings in any given situation
- 7:13 [silverdale](#): well said and succinctly summarized Mark R
- 7:13 [piandjo](#): great statement, Mark
- 7:13 [mollymidway](#): nice mark
- 7:13 [Pro markroche](#): thx
- 7:14 [mollymidway](#): good one, it builds on the other ideas of auriah, and piandjo
- 7:14 [auriah](#): yes
- 7:15 [piandjo](#): One kind of phenomenal illusion is just as unreal as any other.
- 7:15 [lost horizon](#): this follow sacrifice of the guru
- 7:15 [dosts](#): cant hear the phone...
- 7:15 [lost horizon](#): (can't hear it here either)
- 7:15 [sinhog](#): can't hear phone here, either
- 7:16 [lost horizon](#): \*follows
- 7:16 [mollymidway](#): do you usually hear it?
- 7:16 [auriah](#): nice mark, ty

- 7:16 [lost horizon](#): yes
- 7:16 [dosts](#): y
- 7:16 [mollymidway](#): kk, let me check on it
- 7:16 [lost horizon](#): one goes from being a spiritual authority ("guru") to being a servant
- 7:16 [auriah](#): yes, usually phone is as loud as david and iven
- 7:16 [piandjo](#): We find that position by seeing the ES in the other person, no matter where you find them
- 7:17 [mollymidway](#): wow...ok
- 7:17 [Pro markroche](#): or the agency you rented a car from charge your card \$700 without your permission and causing 9 different insufficient funds notices. Was not easy to maintain, but I half succeeded-lol
- 7:18 [lost horizon](#): work invites tests
- 7:18 [auriah](#): lol! tough mark
- 7:18 [lost horizon](#): (darn it.. lol)
- 7:18 [piandjo](#): Indeed, Lost
- 7:19 [Pro markroche](#): and went in later to the place and was real pleased to have been able to stay calm and courteous and peaceful and everyone ended up feeling real good.
- 7:22 [gradykansas](#): I understand that the teaching is to not let one whiff of inner turmoil to escape and react to the car rental place's action, but what about observing oneself while expressing one's anger?
- 7:22 [Pro markroche](#): thanks Silverdale
- 7:22 [gradykansas](#): Is observing it taking responsibility for it?
- 7:23 [simmontemplar](#): yes Grady, you are "aware" of what the machine does mechanically
- 7:23 [Pro markroche](#): y, i realized that it was the company's policy's and that the clerks are just stuck as buffers on the front line. They were braced for a fight, and they ended up being touched and quite appreciative
- 7:24 [gradykansas](#): That's awesome Mark
- 7:24 [simmontemplar](#): I think this is a step furder ...
- 7:25 [piandjo](#): To Ivan's question, yes, in that moment that person is your student. After the last sacrifice, this imaginary difference in status disappears.
- 7:25 [lmwi](#): still can't hear phone people
- 7:25 [silverdale](#): Self observation is a continuous process of self-evaluation of ourself in relation to our understanding
- 7:25 [lost horizon](#): observation at the time it's happening means you're not wholly immersed in it
- 7:25 [piandjo](#): no phone people here either
- 7:25 [auriah](#): nice Pi, really clarified it for me.
- 7:25 [mollymidway](#): working on phone sound issue
- 7:26 [piandjo](#): thx, Au
- 7:26 [lost horizon](#): lol - where's Fedchariman?
- 7:27 [gradykansas](#): I got that- Silver and Lost H
- 7:27 [Pro markroche](#): that's the beauty of it all, everything in our everyday life becomes grist for the mill

- 7:29 [silverdale](#): crackle - you are charged with "cosmic energy"
- 7:30 [silverdale](#): in the context of chapter ...
- 7:31 [lost horizon](#): (crackle to me implies experiencing discomfort due to that energy... the price of evolution)
- 7:32 [silverdale](#): I agree LH although "discomfort" will fall across a spectrum from less to more ...
- 7:33 [auriah](#): ty both
- 7:37 [piandjo](#): mind -blowing discussion, Iven, definitely excellent
- 7:37 [hawklady](#): I love this conversation, about talking to strangers and the impact it may be having
- 7:37 [mollymidway](#): quite
- 7:37 [gradykansas](#): Me too
- 7:38 [piandjo](#): David --we never know when we host angels unawares.
- 7:39 [hawklady](#): what i am very interested in is what actually passes through, i would love to see that energy and be able to pin point it
- 7:39 [lmwi](#): always be in wonder of the next person that shows up in front of you - David
- 7:40 [gradykansas](#): Lmwi - I like that quote too
- 7:40 [hawklady](#): makes it legal
- 7:41 [Pro markroche](#): to do what David is talking about, in everyday experiences, brings to life Shakespeare's phrase, "To see a world in a grain of sand, And a heaven in a wild flower, Hold infinity in the palm of your hand, And eternity in an hour."
- 7:41 [mollymidway](#): nice one
- 7:42 [lost horizon](#): (William Blake.. very interesting person)
- 7:42 [sinhog](#): Willam Blake
- 7:42 [mollymidway](#): y
- 7:43 [auriah](#): <http://www.wingsofchaos.com/the-joy-of-sacrifice/sacrifice-12/#comment-1327>
- 7:43 [hawklady](#): thank you molly
- 7:44 [piandjo](#): magic comes in the narrative
- 7:44 [silverdale](#): Auriah - I clicked on your \*\*\* and it took me to exactly what I read!
- 7:44 [auriah](#):

» I ws on the page

- 7:45 [Pro markroche](#): and its often much easier to good stuff for others than for oneself. doing for others gives extra strength

- 7:47 [simmontemplar](#): Some how it resonates with the idea of the analogy of the "tuning fork", when it sounds, another in the same frequency will start to resonate together by vibration. The same happens from one's Essential Self posture to the other's
- 7:47 [piandjo](#): moons absorb, planets radiate, and suns emanate.
- 7:47 [auriah](#): nice
- 7:47 [silverdale](#): emanations are produced by the Essential Self outwards ... the historical personality radiates
- 7:48 [Pro markroche](#): another similar line from Salinger was when one character was drinking some milk and the other said it was like pouring God into God
- 7:48 [mollymidway](#): and the moon tries to sort it out, and then goes to the movies

» or church

- 7:49 [piandjo](#): yes, the planets ( centers of the HBM) radiate, and the sun ( the ES within us) emanates the teaching
- 7:50 [Pro markroche](#): sometimes the packaging with some of the Inst's products is so nice, I sit with it a good while because it sometimes seems like the packaging is half of the 'present'.
- 7:50 [gradykansas](#): Does HBM, like when David referred to it earlier, mean The human biological machine as a transformational apparatus?
- 7:50 [sinhog](#): y
- 7:50 [auriah](#): yes
- 7:50 [mollymidway](#): that used to happen with too, mark
- 7:51 [dosts](#): yes
- 7:51 [lost horizon](#): Mark
- 7:51 [gradykansas](#): Cool
- 7:51 [lost horizon](#): I haven't thrown any of it out yet... lol
- 7:51 [simmontemplar](#): Roger, David !
- 7:52 [gradykansas](#): baby steps
- 7:52 [mollymidway](#): (it's a full moon--wonder what it's absorbing)
- 7:52 [piandjo](#): lol Molly, all too often!
- 7:53 [Pro markroche](#): what David was just saying reflects somewhat an Einstein quote that Sinhog once posted: "Everything is energy and that's all there is to it. Match the frequency of the reality you want and you cannot help but get that reality. It can be no other way..."
- 7:53 [mollymidway](#): yes
- 7:53 [lost horizon](#): actually, the packaging IS part of the presence
- 7:53 [Pro markroche](#): i think it was sinhog, not sure
- 7:53 [hawklady](#): nice mark
- 7:54 [Pro markroche](#): the point of that was what David was saying about the transmission happening in the sharing
- 7:54 [mollymidway](#):
- 7:54 [Pro markroche](#): the sharing puts one into the vibe of the transmission
- 7:55 [lost horizon](#): yes
- 7:55 [mollymidway](#): the vibe, and the frequency...

- 7:55 [simmontemplar](#): at the same time there is always the sacredness of the "other" as an expression of the Absolute. That deserves our best shot
- 7:56 [mollymidway](#): sure does
- 7:56 [piandjo](#): Exactamundo, Simmon!
- 7:56 [pathworld](#): the labyrinth is my signature
- 7:56 [mollymidway](#): cool path...you are a pathway
- 7:57 [Pro markroche](#): lol
- 7:57 [piandjo](#): Then my path is now clear!
- 7:58 [gradykansas](#): That's so awesome
- 7:58 [pathworld](#): i never advertise
- 7:58 [piandjo](#): Wow, pathworld! surprises surprises
- 7:59 [gradykansas](#): only on david's show inadvertently!
- 7:59 [hawklady](#): and yet we all show up pathworld
- 7:59 [pathworld](#): youtube cajalco labyrinth, yes
- 7:59 [hawklady](#): Thank you David Thank you Ivan
- 8:00 [silverdale](#): Thanks David & Iven, One & All for a wonderful evening of communion ...
- 8:00 [hawklady](#): Thank you everyone
- 8:00 [Pro markroche](#): thanks all, this felt good
- 8:00 [gradykansas](#): Thank you, i appreciate it!
- 8:00 [pathworld](#): a good class
- 8:00 [mollymidway](#): thank you all
- 8:00 [sinhog](#): Thanks all
- 8:00 [simmontemplar](#): Yes, thanks to all the "pack" of ES's!
- 8:01 [pathworld](#): so check out my you tube
- 8:01 [dosts](#): thank you guys
- 8:01 [lost\\_horizon](#): lol
- 8:01 [lmwi](#): good night, all
- 8:01 [vadere](#): thank you
- 8:01 [auriah](#): thanks!
- 8:01 [pathworld](#): thank you A LL
- 8:01 [dosts](#): Life in the Labyrinth should be next !
- 8:01 [mollymidway](#): ya
- 8:01 [gradykansas](#): I will
- 8:01 [lost\\_horizon](#): goodnight, thank you
- 8:01 [pathworld](#): GOODNIGHT
- 8:01 [piandjo](#): Most excellent class everyone-- wish it could go on!
- 8:01 [sinhog](#): <http://www.youtube.com/watch?v=MXOA4knf4rI>
- 8:01 [Pro markroche](#): Life in the Lab sounds good to me
- 8:02 [auriah](#): i agree mark
- 8:02 [piandjo](#): thanks to David and Iven , as always
- 8:02 [pathworld](#): i can tell u about life around the labyrinth
- 8:02 [auriah](#): never read that one actually
- 8:02 [hawklady](#): good night all
- 8:02 [Pro markroche](#): lol
- 8:02 [pathworld](#): ty sin

- 8:02 [lost horizon](#): I'd like to hear about it, Path
- 8:02 [Pro markroche](#): its one of the best ones Auria, at least for me
- 8:03 [pathworld](#): see it sin just posted site
- 8:03 [sinhog](#): yw Path
- 8:03 [auriah](#): i've been wanting to get to it
- 8:03 [pathworld](#): ty
- 8:03 [gradykansas](#): I haven't read Life in the labyrinth either, yet
- 8:03 [dosts](#): one of my favs
- 8:03 [auriah](#): one of the many i have on my list
- 8:03 [dosts](#): would love to do deep into it with a group like this
- 8:04 [Pro markroche](#): me too
- 8:04 [auriah](#): bye all
- 8:04 [pathworld](#): i feel we are a group now not just a bunch of people who show up  
bye
- 8:05 [simmontemplar](#): Bye Path!! Good night All
- 8:05 [lost horizon](#): g'night, Au, Path
- 8:05 [gradykansas](#): I'd like to read LITL
- 8:05 [lost horizon](#): Simmon..
- 8:05 [simmontemplar](#): Bye Lost!!
- 8:05 [dosts](#): night ya'll