Life in the Labyrinth

• <u>simmontemplar</u>: true Au!

Chapter 15 - part 2

• 6:58 sinhog: I see you Godfrei • 6:58 godfrei: thanks • 6:58 beckysunnybrook: i see ya too. • 6:58 piandjo: becky-- i have no idea where you can sign up • 6:58 <u>beckysunnybrook</u>: (happy birthday late, Sin!) • 6:59 sinhog: ty Beck • 6:59 beckysunnybrook: it's fine. I know for now.» • 6:59 mollymidway: can somebody get telephone with david and iven » yay » susan got on, ty • hawklady: hello all • susankester: hello all • auriah: hi all • lost_horizon: Hi, all • hawklady: whats up with big bird • <u>beckysunnybrook</u>: Hi Lost! • pathworld: hi all • piandjo: i will be on the phone tonight--only have the use of my left hand. how sinister! • simmontemplar: Back at the PC ..hello Everone • auriah: All is popular tonight » nice Pi

- <u>lost horizon</u>: (Piandjo, you can be dextrous with your sinister hand)
- <u>simmontemplar</u>: what page ??
- lost_horizon: 166 old
- simmontemplar: 186 of the newone
- <u>hawklady</u>: oh my,that is such a big key
- mollymidway: the duck is a mood all its own
- hawklady: lol
- piandjo: lost--not while holding the phone and chewing gum at the same time!
- hawklady: it's a cute duck
- lost horizon: Duck! might be a mood on this planet
- mollymidway: he seems uplifting
- <u>lost_horizon</u>: (actually, yes, I see that, Molly)
- pathworld: he seems a happy duck
- <u>beckysunnybrook</u>: He does, the duck. Uplifting
- <u>hawklady</u>: just as we are, when we all meet here together, happy
- mollymidway: just natural
- <u>jim h</u>: Be excellent to each other
- auriah: yes
- beckysunnybrook: yes, like the duck, natural. This makes sense
- hawklady: doing it with love without thinking about the rule
- <u>auriah</u>: nice Arsi
- jim_h: Be sensitve -aware
- <u>beckysunnybrook</u>: like you are not separate, and you are anyway, so that is it. it just is.

- godfrei: literal
- <u>simmontemplar</u>: It is related to "be your brother's keeper"
- <u>hawklady</u>: well, like this group, we wish to travel togther
- <u>auriah</u>: It seems we are responsible to help our fellow voyagers hold the mood, and stay connected to their shift
- » *shifts
- <u>hawklady</u>: and we help each other to move together, not leavig anyone behind
- <u>jim h</u>: Should be a pre-existent characteristic of the group
- <u>auriah</u>: as one resonates with the mood of the space, others will, more and more resonate with each other until we all reach the same note, same vibration
- <u>hawklady</u>: yes simon
- godfrei: with sensitivity there is recognistion of a field which needs maintaining and not caring for others creates discord disturbs that field
- » i keep losing David and Iven
- <u>hawklady</u>: each person in the group has a different gift and together we can move through more spaces then alone
- simmontemplar: we can't leave you behind Godfrei!
- auriah: pg 167 mid of top pgph (old version)
- godfrei: im back...thanks
- <u>beckysunnybrook</u>: Opening up to what you don't already think you know?
- jim_h: Surrender to the mood
- beckysunnybrook: allowing
- » I wouldn't mind having some of those keys.
- <u>markroche</u>: hi labbies, just got here, read notes, have infected tooth, oww, so can't use sinister side of my mouth-lol

- <u>auriah</u>: I allow myself to sense with my body and see more and more not so much with my eyes but with my heart allowing my eyes to see more...
- <u>beckysunnybrook</u>: (hope you feel better soon Mark)
- <u>auriah</u>: seeing with the heart, opening the heart
- mollymidway: the left side of the mouth?
- <u>hawklady</u>: hope you feel better
- jim h: Relax the hbm, let go and surrender to the mood
- mollymidway: yes
- <u>beckysunnybrook</u>: (it must be a funny thing to see you laughing out of the right side of your mouth Mark
- <u>auriah</u>: tonight space to me seems to have a violet hue, clear and softly bright
- markroche: lol, thanks all
- piandjo: i lost phone contact--very interersting
- <u>auriah</u>: Wow, we lost a sinister hand, the sinister side of the mouth, and Pi off the phone... hmm?
- mollymidway:
- <u>markroche</u>: yeah Molly it's just a specific tooth but chewing down on left side at all activates the hurting of the exposed nerve
- beckysunnybrook: pirate primate
- piandjo: now all sound is gone! next i may have to try smoke signals!
- mollymidway: feel better soon, mark
- markroche: have to find a good bardo dentist lol
- hawklady: lo
- beckysunnybrook: Could be one can create a music from your self that would carry you along,
- hawklady: lol

- <u>beckysunnybrook</u>: inside music
- mollymidway: don't bite, lol, a bardo dentist, that is good!
- <u>auriah</u>: presence and attention Pi, we'll help keep you with us.
- <u>hawklady</u>: when you have an image or sound take notice
- piandjo: hey, flexibility is the name of the game. Chat it is, for now.
- » Got the vibe back. Thanks all.
- <u>hawklady</u>: what are the qualities that you have that you use when in the camber
- » oh good,
- markroche: make sure to share that message with your right hand Piandjo-lol
- <u>jim_h</u>: Must have intention otherwise we're just tourists
- piandjo: lol
- hawklady: ah nice Jim
- markroche: how we get out of bed in the morning, our first thoughts
- » all rituals
- jim h: txs
- <u>hawklady</u>: with my left foot Mark
- » wise Hawk, just wise
- <u>beckysunnybrook</u>: Theater is an intent to open for sure.
- » Open to levels which we can be penetrated by
- » to be flowed thru
- <u>piandjo</u>: Mark, having to shift from one sensory modality to another, like chasing a leaf, was itself an interesting vibrational frequency.
- godfrei: can iven put the mike a bit closer?

- <u>hawklady</u>: Ivan was traveling
- markroche: it'd be fun to compare notes someday Piandjo
- <u>beckysunnybrook</u>: So true David. The Chamber changes as the influences come and go
- <u>piandjo</u>: this chamber right now: readiness of shift with what may happen next--no attraction to what was comfortable.
- sinhog: a chill
- godfrei: atmosphere
- » stillness
- auriah: clumsiness, dizziness...
- <u>beckysunnybrook</u>: a attic opening
- jim_h: colour
- <u>beckysunnybrook</u>: or a back window
- » hallways
- auriah: a settling within
- bardoman: Tank hatch...
- <u>auriah</u>: the body "settles" as the essence emerges.
- <u>beckysunnybrook</u>: tunnels
- <u>auriah</u>: calming
- godfrei: current
- » in a group there is a current
- <u>hawklady</u>: pressure
- susankester: texture
- bardoman: Hans Maack

- » Audio Sound
- godfrei: in a group or work chamber (bodywork) there is a current which infuses the field and carries with it new possibilities
- beckysunnybrook: a tunnel of trees on a path
- <u>auriah</u>: I feel the pressure change too Hawk.
- <u>hawklady</u>:
- <u>piandjo</u>: visually things become unboundaried-- no frame around the experience as we pass the doorway.
- godfrei: there was just a shift no?
- auriah: yes
- susankester: yes
- jim h: settled into silence
- godfrei: the frequencies harmonize
- mollymidway: yes
- beckysunnybrook: Fairy tales have definate chambers one can be in
- » i like that Iven
- hawklady: yes, everyone tuned in to answer Davids question and now here we all are
- godfrei: new possibilities
- » higher wisdom
- 7:44 <u>piandjo</u>: a space now unattached to what went before-- anticipatory poise-- waiting for something new to unfold...
- 7:44 <u>beckysunnybrook</u>: Like the poles and wood that hold the form together to give it a settling shape are pulled away and the shape becomes alive

- 7:44 <u>bardoman</u>: My girlfriend who is battling addiction commented on how wonderful a chamber she entered when running the 'Addiction' orb for the first time this evening...
- 7:45 <u>beckysunnybrook</u>: (very nice Bardoman)
- 7:45 lost horizon: Nice, Bardoman
- 7:45 jim_h::}
- 7:45 bardoman: Thanks friends...
- 7:45 <u>jim_h</u>:
- » I ran it too
- 7:46 <u>hawklady</u>: best wishes to her quick recovery
- 7:46 <u>bardoman</u>: The first one you did looks like a man with a big this mustache Jim...
- » *thin
- 7:46 <u>iim_h</u>: It's getting dark
- 7:46 bardoman: Thanks Hawklady...
- 7:47 auriah: "A lesson is when life tells you "...that thing you just did, don't do that."
- 7:47 <u>piandjo</u>: E.J. says to hold attention and presence, then whatever we experience will be in harmony with the space. All of our own sensations will blend with others.
- 7:50 susankester: can't get on the phone
- 7:50 <u>hawklady</u>: i just got what you said Bardoman, lol, yes it does
- 7:50 piandjo: please tell david that our phone connection dies of unknown causes
- 7:50 <u>susankester</u>: just a buzzing noise
- 7:54 auriah: LOL!
- 7:56 beckysunnybrook: yes! Thunderstruck
- » insignificant little things... turn out to be the kesy
- » keys

- 7:56 markroche: i don't think we is in Kansas anymore Toto
- 7:57 <u>simmontemplar</u>: Jee...I guess I just got in the chamber of... despair
- 7:57 piandjo: we are always performing before a bemused audience
- 7:58 auriah: no way simmon, no despair, not in this chamber, just the compassion of friends.
- 7:58 simmontemplar: HBM
- » thanks Au!
- 7:58 <u>beckysunnybrook</u>: I agree Auriah, compassion here
- 7:58 godfrei: in the heightened awareness of the chamber what is already there
- » is seen
- 7:59 markroche: pay no attention to that despair behind the curtain
- 7:59 simmontemplar: reaction in to the last phrase that David read
- 7:59 <u>im h</u>: A view of infinity is difficult to take
- 7:59 <u>simmontemplar</u>: that is it Jim
- 8:00 auriah: true jim
- 8:00 simmontemplar: it is "the Abyss"
- 8:00 auriah: yes, the last paragrpah is impactful
- 8:01 <u>piandjo</u>: It seems that the first bottle of . the emptiness always tastes bitter. The secret is have one more for the road, and keep drinking till we are full.
- 8:02 markroche: so we are aiming at being full of emptiness-i love it
- 8:03 <u>auriah</u>: beautiful Chapter, thank you David and Iven
- 8:03 beckysunnybrook: chapter 16 next week. Thanks!
- 8:03 <u>mollymidway</u>: thank you..."it's always the little insignificant things that turn out to be the master Keys"
- 8:03 markroche: thanks one and All

- 8:03 <u>lost_horizon</u>: nice, Mark
- 8:03 mollymidway: good night all thanks for coming
- 8:03 <u>sinhog</u>: Thanks all
- 8:03 lost horizon: Thank you, all
- 8:03 jim_h: Thanks everyone
- 8:03 <u>hawklady</u>: thank you so much David, Ivan and everyone else. BTW we had 27 people on line at some point
- 8:03 godfrei: thanks everyone that was amazing
- 8:04 hawklady: Jim, how did you do that
- 8:04 <u>piandjo</u>: thanks david and iven, and everyone. This wednesday event is the highlight of my week..
- 8:04 beckysunnybrook: wow! 27! Hey, get those left sides healed up... k

» ?

» k

- 8:04 <u>bardoman</u>: Thank You So Much from Hans & Nicole...!!! What A Beautiful Night Especially Now!!!
- 8:04 jim_h: upper caret and 3

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» caret = <
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- 8:04 <u>hawklady</u>: upper what
- 8:04 sinhog:
- 8:05 hawklady: =<
- 8:05 <u>simmontemplar</u>: thanks David, Ivan, Sin, Au, Godf, Lost, Mark, Molly, Pi, Becky, Hawk, Susan ... uuhhfff...Great to be with you
- 8:05 lost horizon: ^

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» less than <
• 8:05 <u>jim_h</u>: < and 3
• 8:05 <u>lost horizon</u>: < 3
» ok
» got it
• 8:05 markroche: and great to be with you Simmon
• 8:05 auriah: goodnight Simmon
• 8:05 <u>bardoman</u>: Thanks for the Thanks Simmontemplar...
• 8:05 godfrei: thanks all...
• 8:05 <u>auriah</u>: Goodnight everyone!
• 8:05 hawklady: not yet
• 8:06 lost horizon: Goodnight, Simmon
• 8:06 markroche: Happy and productive voyaging everyone.
• 8:06 lost horizon: Auriah
» and all
• 8:06 susankester: had computer and phone troubles all so missed almost al but still good to
connect, ngood night all
• 8:06 <u>iim h</u>: Party on Dudes
• 8:06 hawklady:
• 8:06 <u>auriah</u>: party on... with Moooood
• 8:06 simmontemplar: Good Night Bardo man...as well
• 8:06 <u>hawklady</u>: » now i got it, thank you
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- 8:07 <u>jim_h</u>: B man < plus 3
- 8:07 <u>lost_horizon</u>: < 3
- 8:07 <u>hawklady</u>: ty
- 8:07 <u>lost horizon</u>: with no space3
- » space*
- 8:07 <u>bardoman</u>:
- 8:07 <u>hawklady</u>: well '