

The Hidden Work

Chapter 5, Part One

- 6:54 [sjsirgal](#): hello
 - 6:54 [silverdale](#): Good evening One & All! 6:55 pm
 - 6:55 [jim_h](#): Hi
 - 6:57 [adlucem](#): Hi all!
 - 6:58 [pathworld](#): hi
 - 6:58 [markcirka](#): hey
 - 6:58 [auriah](#): hi all...
- » brb, gotta take care of a few things b4 i can settle.
- 6:59 [beckysunnybrook](#): we are all here
 - 6:59 [pathworld](#): im here
 - 7:00 [adlucem](#): I think I'm here
 - 7:00 [beckysunnybrook](#): 13 names here and 17 viewers
 - 7:00 [pathworld](#): i think u are here
 - 7:00 [beckysunnybrook](#): Sound is good
 - 7:00 [adlucem](#): Thanks, Jenny!
 - 7:00 [pathworld](#): yw » yes
 - 7:01 [susankester](#): hi susan here, denver
 - 7:01 [pathworld](#): jenny corona
 - 7:01 [adlucem](#): Melissa, Riverside

- 7:02 [silverdale](#): George - Seattle
- 7:02 [markcirka](#): mark toronto
- 7:02 [markroche](#): Hi all. Mark, Santa Monica
- 7:02 [simmontemplar](#): Hello Su, Path , Silver, Ad , Becky, Mark !!
- 7:02 [mollymidway](#): janna penn valley
- 7:02 [hawklady](#): hell
- 7:02 [beckysunnybrook](#): Hi Simmon!
- 7:02 [hawklady](#): arsi, coroa » hello
- 7:03 [jim_h](#): Jim. Edmonton Canada
- 7:03 [mollymidway](#): hi hawklady, and all
- 7:03 [simmontemplar](#): hi Molly, Hawk L. , Jim H !!
- 7:03 [markcirka](#): lol hell
- 7:03 [beckysunnybrook](#): Hi Molly!
- 7:03 [mollymidway](#): howdy Becky
- 7:03 [pathworld](#): no we not in hell just yet, are we
- 7:03 [beckysunnybrook](#): maybe
- 7:03 [jim_h](#): Hi Amigo Simon
- 7:04 [simmontemplar](#): Si mi amigo !
- 7:04 [vadere](#): Hi everyone
- 7:04 [pathworld](#): hi
- 7:04 [adlucem](#): hi!
- 7:05 [winnipeg9](#): here
- 7:05 [hawklady](#): i missed the "O" from hello » lol

- 7:05 [mollymidway](#): lol
- 7:06 [pathworld](#): yes we sensed that » ah ah
- 7:07 [hawklady](#): did he forget your name pathworld
- 7:07 [piandjo](#): late arrival. hello everyone.
- 7:07 [simmontemplar](#): Hi Pi !!
- 7:07 [pathworld](#): hi pia
- 7:07 [markroche](#): Hi Piandjo
- 7:07 [mollymidway](#): hi pi!
- 7:07 [hawklady](#): hey piandjo
- 7:08 [auriah](#): hi piandjo
- 7:08 [mollymidway](#): "what does the essential self bring to the tabel?"
- 7:08 [auriah](#): attention, presence
- 7:08 [jim_h](#): Presence and attention
- 7:08 [mollymidway](#): table*
- 7:08 [piandjo](#): the two tools we have are presence and attention
- 7:08 [silverdale](#): presence & attention
- 7:08 [adlucem](#): presence and attention
- 7:09 [auriah](#): attention and presence
- 7:09 [piandjo](#): We also have adoration
- 7:10 [hawklady](#): presence and attention makes the moment perfect » any moment
- 7:10 [pathworld](#): compassion
- 7:10 [jim_h](#): Direct electrical interaction with Essential Self
- 7:10 [hawklady](#): yes Jim

- 7:11 [piandjo](#): nice , Jim
- 7:11 [jim_h](#): Like the Sun -Solar Absolute
- 7:12 [southerly19](#): hello
- 7:12 [pathworld](#): hi rita
- 7:12 [southerly19](#): hi path
- 7:14 [piandjo](#): we enable the Absolute to experience the creation as each one of us, separated for the joy of reunion,.
- 7:14 [beckysunnybrook](#): Is this like waking up from dreaming, for a bit of time and seeing? Is this the connection?
- 7:15 [simmontemplar](#): long time South 19 ? nice to see you
- 7:15 [southerly19](#): hi simmon
- 7:15 [beckysunnybrook](#): Hi Rita!
- 7:15 [southerly19](#): hi becky!
- 7:16 [piandjo](#): Path and Becky-- very nice summary. Very concise.
- 7:16 [pathworld](#): thank you
- 7:16 [beckysunnybrook](#): ty Pianjo.
- 7:17 [mollymidway](#): the absolute likes to experience the creation through us. then it feels much more real...but for us it's like waking from a dream?
- 7:17 [simmontemplar](#): same here Path and Becky ,nice braking of the chapter
- 7:17 [mollymidway](#): howdy southerly and all
- 7:17 [southerly19](#):
- 7:17 [mollymidway](#): rita
- 7:18 [jim_h](#): We have to surrender - the ego steps aside to allow the Absolute (or other beings) in

- 7:18 [piandjo](#): your summary was like the forth way version of The Old Man and the Sea. No unnecessary six-cylinder words.
 - 7:18 [mollymidway](#): yes, but the absolute would be evaluating the ego, how can it' bypass the reaction that the organism will have
 - 7:19 [jim_h](#): Adoration leads to surrender
 - 7:19 [beckysunnybrook](#): I like that Pianjo. Always appreciated the Old Man and the Sea. It was cut to the bone relationship.
 - 7:20 [mollymidway](#): yes, adoration! » adoration is stronger than fear, maybe
 - 7:21 [piandjo](#): how is regret different from remorse of conscience? If any.
 - 7:21 [beckysunnybrook](#): Man, now that really is a vivid description of how fear grows.
 - 7:21 [mollymidway](#): thank you, becky
 - 7:21 [markroche](#): regret for wasting our lives and opportunities
 - 7:21 [jim_h](#): regret = remorse ??
 - 7:22 [mollymidway](#): (the old man and the sea)
 - 7:22 [beckysunnybrook](#):
 - 7:22 [markroche](#): for missing the opportunity of serving the absolute
 - 7:22 [hawklady](#): no contact - no connection
 - 7:22 [piandjo](#): seems that remorse is much the same as regret, unless somethin eludes me here.
 - 7:23 [jim_h](#): regret = clarity - knowing the sad naked truth
 - 7:23 [beckysunnybrook](#): oh yeah, that movie was such a vivid one, I saw it as a child and it never left my memory.
- » His feeling of regret? It seems he was living in the fullest sense of the word
- » I remember he was truly alive » even when all left him, he was still not giving up.
- » (they said he was bad luck) » (don't fish with him)
- 7:25 [pathworld](#): like playing hard core in d2 no regret when u die. u just do .and move on ?

- 7:25 [mollymidway](#): the character in the book kind of comes alive, as the author poured his heart into the story. does that happen to us too?
- 7:25 [beckysunnybrook](#): More, it was like he knew what life really is made of. He knew, and he never lost his hope.
- 7:25 [simmontemplar](#): the party was "over"
- 7:26 [mollymidway](#): maybe actually does come to life
- 7:26 [piandjo](#): good question Molly.
- 7:26 [mollymidway](#): ty
- 7:27 [piandjo](#): yes, i think, is the answer.
- 7:27 [beckysunnybrook](#): the scapegoat triumphed
- 7:27 [simmontemplar](#): a remorse of conscience for not having used the opportunity again ?
- 7:27 [eiru](#): completing man as apposed to a completed man
- 7:27 [beckysunnybrook](#): He was a scapegoat, and he still went on alone. » like the absolute does.
- [simmontemplar](#): Susan: a remorse of conscience for not having used the opportunity again ?
- [beckysunnybrook](#): (I can't help it, I just love the scapegoat beyond anything in the world)
- [simmontemplar](#): ok David !! » still I have remorse if I look at it in this perspective
- [mollymidway](#): love might be the thing that makes the return bearable, and helps it-- machine+essential self come to life again? there is always disappointment in life seems like
- [auriah](#): yes
- [piandjo](#): are not our missed opportunities necessary for denying force, and scripted from the beginning of the creation?
- [auriah](#): LOL! » i had to drive from San Diego, a 3 hr drive... with family bickering all the way.
- [beckysunnybrook](#): The boy returned. He came and made sure he was ok.
- [markcirka](#): lol thanksgiving

- [jim h](#): How do we know what right action is?
 - [piandjo](#): molly, wish we could have a long side-bar discussion on your last comment. very interesting.
 - [markcirka](#): maintaing presence and havin a family conversation thts ot messed up ..
 - [simmontemplar](#): Thanks Su !!!!
 - [mollymidway](#): yes :)
 - [beckysunnybrook](#): Like the bones of the fish, as it was strapped onto the side of his little boat.
- » Disapointment?
- [simmontemplar](#): Silver ...are you there ?
 - [hawklady](#): We breath opposite of absolute » that is why our last breath is an out and first is in
 - [silverdale](#): I am here Simmon ...!
 - [simmontemplar](#): that exercise was your ... "Return"
 - [hawklady](#): ah
 - [silverdale](#): For sure ...
 - [mollymidway](#): that makes sense
 - [piandjo](#): hawklady-- very powerful idea; the absolute breathes in as we breathe out!
 - [beckysunnybrook](#): Molly, the story teller did invoke the absolute, and in the telling of the story, he passed thru to us.. it was the connection.
 - [hawklady](#): that's humbling Simmon, knowing that each breath in is our return,
 - [mollymidway](#): very wonderful, ty
 - [piandjo](#): HL, will have to chew on that idea some more.
 - [auriah](#): yes
 - [mollymidway](#): it's great idea...this breathing, plus storytelling plus hospitality to moments
 - [beckysunnybrook](#):

- [adlucem](#): Yes, Molly
- [simmontemplar](#): thanks Hawk L, Molly
- [markroche](#): that's why tudor turtle used to have to keep going on adventures
 - » even though he had already been given good advice from the Wizard
- [mollymidway](#): the adventures were the way to travel to the place where...
 - » i will read the story, mark, ty » what is the title?
- [markroche](#): it was just the tudor turtle and Mr Wizard part of the old Rocky Raccoon tv show
- [mollymidway](#): he he!
- [markroche](#): i think they had an episode each week
- [simmontemplar](#): particularly I just am in the attitude and conduct of "work" but I am not certain; I just try to Be
- [piandjo](#): When i get a glow that flows through my heart, and which lingers for hours, encompassing others-- this is definitely progress for this old cowboy. No doubt about it!
- [auriah](#): I have found that intuitively I know if only I will listen to higher self, I have found that my body in particular will create violent rejections and manifestations of illness when I am going against what is my personal path.
- [markroche](#): plus EJ did the voice for Bullwinkle-lol
- [mollymidway](#): y, lol » but tudor turtle is new to my coherent memories
- [markroche](#): for me, it's when there are lots of synchronicities and lots of things and events seeming to magically fall into place
- [auriah](#): Ultimately despite what I am told or taught, I have to chose for myself and through experience.
- [simmontemplar](#): the only thing I can be certain is that I do ..."something"
- [auriah](#): I keep searching keep asking myself am i on the path... when i stop asking, and searching, i know i'm in trouble.
- [jim_h](#): Move on the wind of emotion - Love for the Absolute

- [mollymidway](#): stay on the path, and bypass the reactions of the machine by going along with its momentum, but also use it to get beyond hurts » i will try it » the use of momentum
- [simmontemplar](#): nice quote David !!
- [beckysunnybrook](#): using momentum sounds like something possible for sure. » ty Molly
- [markroche](#): Many say that the only thing that we can possibly ever know for sure, is our own existence. » What David just said may be why EJ has said that he always assumes that he is lost.

- [mollymidway](#): we sure feel it when we're in it
- [simmontemplar](#): and even that can be dreamy Mark; isn't it ?
- [markroche](#): our own existence, Simmon, yes, dreamy if considering from our historical self and our changing assessments

» of is

- [eiru](#): you either know or you don't know
- [auriah](#): freaked me out too!
- [simmontemplar](#): thanks Mark
- [markroche](#): but not so dreamy if considered from the essential self that is always there ever present, like it or not-lol
- [simmontemplar](#): this is very apropos of you "Wings of Chaos" ...David
- [piandjo](#): Mark's comment re. E.J.s always assuming that he is lost is really spot on. Thanks Mark.
- [markroche](#): although even that is still dreamy I guess in that most of us don't let ourselves be aware
- [piandjo](#): This is another tool-- a perspective to maintain
- [markroche](#): of that part of ourselves much of the time
- [simmontemplar](#): great views exposed in this session !!
- [piandjo](#): being lost is my main tool-- what a point of view to maintain humility and therefore openness.

- [simmontemplar](#): certainly Piandjo
- [markroche](#): and also great awareness » have to be very alert in order to get ones 'bearings'
- [auriah](#): good
- [mollymidway](#): sounds fun
- [simmontemplar](#): jajaj ! David ...loco !
- [piandjo](#): such an attitude maintains that " conviction of sin" necessary to Work.
- [auriah](#): this whole book blew me away
- [mollymidway](#): lol
- [markroche](#): what is the 'hot tip'?
- [mollymidway](#): your presence is showing
- [eiru](#): gtg folks ... thank you all .. c u in a while
- [auriah](#): bye Se
- [markroche](#): bye Se
- [mollymidway](#): bye Se » cu next time
- [pathworld](#): i just love u all and this class
- [simmontemplar](#): bye Eiru !
- [mollymidway](#): we are here » again then
- [pathworld](#): Thank you all
- [susankester](#): can someone email me the log?
- [silverdale](#): Thanks David & Ivan, One & All for a meaning-full invocation ...
- [southerly19](#): Thank you David and Ivan
- [pathworld](#): THank you David and IVan and all
- [hawk lady](#): thank you Ivan, David, Susan and everyone

- [mollymidway](#): Thanks all
- [southerly19](#): nite everyone
- [adluce](#)m: Thank you all! Good night.
- [auriah](#): very bright tonight! clear and white
- [piandjo](#): Thank you everyone. i will miss you all.
- [pathworld](#): \Goo night
- [vadere](#): thank you
- [pathworld](#): good Night
- [jinjjerro](#)jers: Thank you team
- [hawklady](#): bye piandjo
- [simmontemplar](#): Thanks to all of you. Very grateful
- [hawklady](#): thank you Simmon
- [auriah](#): Thank you!
- [hawklady](#): Ivan is thinking
- [jim h](#): Thanks and good night.
- [susankester](#): good night
- [simmontemplar](#): Thanks to you !! ...Hawk L