

The Hidden Work

Chapter 10, Part 1

- 6:54 [silverdale](#): Good evening One & All!
- 6:55 [auriah](#): hello everyone
- 6:56 [adlucem](#): Good evening all!
- 6:57 [jim h](#): Great chapter 10 summary, Auriah and Dan!
- 6:57 [lost horizon](#): Hello
- 6:57 [pathworld](#): hi
- 6:57 [auriah](#): TY Jim
- 6:58 [lost horizon](#): Auriah, David would like you to phone in
- 6:58 [hawklady](#): hi all
- 6:58 [lost horizon](#): if you wish

» 218-862-3987 access code 291472

- 6:58 [piandjo](#): hello all
- 6:59 [pathworld](#): tell david im just on line
- 6:59 [auriah](#): i'm here, thanks LH!
- 6:59 [pathworld](#): hi all
- 7:00 [silverdale](#): Follow access code by # sign ...
- 7:00 [adlucem](#): Hey, Path!
- 7:00 [lost horizon](#): 218-862-3987 access code 291472#
- 7:00 [auriah](#): I'm on mute, TY Silverdale
- 7:01 [pathworld](#): hiya
- 7:01 [auriah](#): i'm onthe phone, on mute
- 7:01 [lost horizon](#): thank you, I'll let him know
- 7:02 [piandjo](#): Please ask David what is meant by "posture."
- 7:03 [hawklady](#): good question Piandjo
- 7:04 [piandjo](#): I can appreciate postures in yoga. Is this a related notion?
- 7:04 [pathworld](#): what page ?
- 7:04 [hawklady](#): i think that's what it implies too
- 7:04 [piandjo](#): Does awaking have a posture?
- 7:07 [lost horizon](#): page 93
- 7:07 [pathworld](#): ty
- 7:11 [piandjo](#): Does the posture of compassion in a person the posture of the Absolute?

» s the posture..

» Is the posture... (finally)

» very good Susan

- 7:14 [hawklady](#): Yes, deep water thanks to Pandjo - lets jump in

- 7:15 [winnipeg9](#): awake is a state posture is unique to the being
- 7:16 [pathworld](#): like a mood inside ?
- 7:17 [jim h](#): Like resonance
- 7:18 [simmontemplar](#): Hello to everyone; late, but at the right place
- 7:18 [piandjo](#): My yoga teacher told me that if i could hold padmasana for 12 years, all my questions would be answered.

» good luck

- 7:18 [pathworld](#): hi simmon
- 7:18 [lost horizon](#): Greetings, Simmon
- 7:18 [piandjo](#): hello simmon
- 7:18 [silverdale](#): Welcome - Simon - Happy you are here!!!
- 7:19 [adluce](#): yes
- 7:19 [auriah](#): yes
- 7:19 [jim h](#): yes
- 7:19 [pathworld](#): yyes
- 7:19 [simmontemplar](#): Thanks to all!! glad to be with you !!
- 7:19 [auriah](#): hi simmon
- 7:19 [simmontemplar](#): Hi Au !!!!!
- 7:20 [piandjo](#): the group has a definite and very sweet sensory signature, i believe.
- 7:21 [winnipeg9](#): mood isy it a boat rudder if it is the higher emotional and i would
- 7:21 [silverdale](#): As we relax and open to our personal presence we sense, feel, perceive the group Presence ..
- 7:22 [piandjo](#): yes, George

» relax and open

- 7:22 [auriah](#): sometimes its a strong noticable shift, other times its very subtle
- 7:23 [silverdale](#): we know our Self to be a part of the "soup of collective Presence" ..
- 7:24 [pathworld](#): am i the only one who find this frustrating?
- 7:24 [hawklady](#): it's loving

» tending

- 7:24 [beckysunnybrook](#): no, me too Path
- 7:24 [pathworld](#): ok tg
- 7:24 [beckysunnybrook](#):
- 7:24 [auriah](#): what is frustrating Path?
- 7:24 [winnipeg9](#): oops my cat would say mood in the higher is a posture
- 7:25 [silverdale](#): No ... Pathword ... we are all struggling to comprehend and understand ...
- 7:25 [pathworld](#): ok
- 7:25 [piandjo](#): We are all making it up as we go along, Pathworld.

- 7:25 [hawklady](#): I thought I understood the chapter as I read it now that i'm listening, I'm not sure anymore
- 7:25 [simmontemplar](#): Indeed Path, I am trying too to get some clarity as well; you are not alone
- 7:25 [adlucem](#): When David begins to speak, that is my "signal" to begin the invocation . . .to pay attention.
- 7:26 [pathworld](#): good to know that other feel that ,i thought i was only one
- 7:26 [silverdale](#): I'd like to know why E.J. isn't here to help us with our efforts ...
- 7:26 [hawklady](#): thanks for expressing Path
- 7:26 [pathworld](#): ty for helping
- 7:26 [beckysunnybrook](#): Would you say that EJ's paintings of people just sitting and waiting, are kind of like this being a lightning rod? Listening?
- 7:26 [simmontemplar](#): touche Silverdale !!!!!
- 7:27 [adlucem](#): Path, you know. You're just nervous.

» I've seen you do it

- 7:27 [susankester](#): path, should i read your posts?
- 7:27 [pathworld](#): ok yes
- 7:28 [auriah](#): yeah
- 7:29 [pathworld](#): wrong

» read it

» trying to understand

- 7:29 [auriah](#): path, you never specified WHAT was frustrating for you

» the chapter or the point of discussion?

- 7:30 [pathworld](#): i/d rather not call in
- 7:30 [hawklady](#): pathworld: am i the only one who find this frustrating?
- 7:30 [simmontemplar](#): OK, but write about the point of frustration
- 7:30 [eiru](#): Silverdale ... EJ sleeps usually crashes after supper till midnight or so, then works through the morning
- 7:31 [auriah](#): TY Simmon.
- 7:31 [susankester](#): so sorry I guess I misunderstood
- 7:31 [simmontemplar](#): ! Au
- 7:31 [silverdale](#): That's right Eiru ... I forgot ...
- 7:31 [eiru](#):
- 7:31 [pathworld](#): i felt relief when i discover other felt the same way
- 7:32 [beckysunnybrook](#): me too

» when you were honest and open about it

- 7:32 [lost horizon](#): Path, I would like to relay your point to David but I don't know what to tell him
- 7:33 [jim h](#): Its a dilemma - we can only have the vaguest sense at this point trying to use reason.
- 7:33 [silverdale](#): Path ... 20 years later I am still trying to clarify for myself the experience of this material ...
- 7:33 [pathworld](#): my point was am i the only one who feels frustarted and other said no so it helped
- 7:34 [piandjo](#): You said it, Jim.
- 7:34 [adlucem](#): Why are you frustrated, though?
- 7:34 [beckysunnybrook](#): could be there are no words to describe this at all
- 7:34 [pathworld](#): trying to feel to understand
- 7:35 [auriah](#): Path are you frustrated because you don't understand the chapter? Book? Discussion? or all of them?
- 7:35 [silverdale](#): Good point Becky ...
- 7:35 [piandjo](#): we cannot reach heaven on the Tower of Babel, the reason of individual men and women.
- 7:35 [pathworld](#): i dont know
 - » its a feeling
- 7:36 [beckysunnybrook](#): so many times there is nothing to say to another. It is only your own personal inner world.
- 7:37 [simmontemplar](#): Path, maybe the words used ?are not clear enough, vague in the description of this experience
- 7:37 [jim h](#): Hang in there
- 7:37 [markcirka](#): i have bouts of self-pity and I think I can't evolve because it's hard
- 7:37 [pathworld](#): when other said they feel it too it helped
- 7:38 [markcirka](#): and I want to chane my life at that point
 - » change
- 7:38 [hawk lady](#): This is the first time I have felt this, I would like to share ---When I invoke our space, I found you all in my heart chakra
- 7:38 [jim h](#): we keep coming back to think and understand - I think thats the problem
- 7:38 [markcirka](#): but ... then i just chill out and meditate, listen to musci ..etc ... im not far on this thing at all i think
- 7:38 [piandjo](#): opening and reasoning are not the same action.
- 7:39 [markcirka](#): all the information and techniques can get to me sometimes, so i just try to be myself
- 7:39 [beckysunnybrook](#): Yes, EJ's paintings definitely show a posture. I see that in his work, the waiting, the listening, being relaxed.
- 7:40 [susankester](#): Hakw lady i hope you can feel the love from us all, you have this whole groups attention just for you if you need it, we are here
- 7:40 [auriah](#): true Pi, good point
- 7:40 [piandjo](#): Interesting observation, Becky

- 7:41 [silverdale](#): Ditto ... Becky ...
- 7:41 [simmontemplar](#): sensing and surrendering seem to be the closest and safe shot to ...begin to ..."understand" this mystery
- 7:41 [silverdale](#): Ditto ... Simmon ...
- 7:41 [jim_h](#): Yes
- 7:42 [piandjo](#): spot on, simmon. again.
- 7:42 [pathworld](#): yes simmon
- 7:42 [simmontemplar](#): thanks guys !!
- 7:42 [pathworld](#): 20
- 7:42 [beckysunnybrook](#): It seems our body will let us know if we are in "reasoning" or "opening". I get stiff in my shoulders when in reason.

» opening, is a deeper breath and relaxed more.

» (in ref to Piandjos comment above)

» and truly the body is in action in one way or another. Always changing.

- 7:45 [hawklady](#): Susan actually, it's painful, and then it's clear and peaceful.
- 7:45 [pathworld](#): yes
- 7:45 [auriah](#): gotta learn to love the burn, the pain is a good sign, like beginning the exercise

» *to exercise

- 7:46 [hawklady](#): It was hard to breath, and I just stayed there and got through it

» thanks au

- 7:46 [jim_h](#): Who's doing the looking?
- 7:47 [hawklady](#): I don't know
- 7:47 [piandjo](#): Auriah "gotta learn to love the burn". Really like this, and will use it if you don't mind!
- 7:47 [auriah](#): i don't understand Jim
- 7:47 [hawklady](#): I guess I'm sensing it
- 7:47 [auriah](#): LOL!
- 7:47 [susankester](#): i am a dork and meant that past comment for Pathworld, wrong name sorry, but this comment worksfor all of us
- 7:48 [auriah](#): go ahead Pi
- 7:48 [jim_h](#): Sorry - relating to whether essential self or machine is observing
- 7:48 [simmontemplar](#): wasn't that the "Descent of Grace" ?
- 7:48 [markcirka](#): operator come in
- 7:48 [auriah](#): Ahh ty jim
- 7:49 [piandjo](#): please ask David to read Auriah's statment "gotta learn to love the burn." Very useful comment.
- 7:49 [hawklady](#): Jim you are asking me right?

- 7:49 [simmontemplar](#): as EJ calls that effort to love the burn...the Descent of Grace
- 7:50 [jim h](#): No - it was related to Davids comments
- 7:50 [hawklady](#):
- 7:50 [jim h](#): I'm a slow typist»
- 7:50 [simmontemplar](#): you are humble Jim...
- 7:51 [auriah](#): i hung up accidentally » i'm back » here i go transitioning upward...

» see i get bumpy-clumsy » lol

- 7:54 [jim h](#): What's that song - Addicted to Love
- 7:54 [auriah](#): can't wait to be jonesing for this state! lol
- 7:54 [hawklady](#): in AU case addicted to the pain
- 7:54 [lost horizon](#): lol Auriah... don't operate light machinery either
- 7:54 [hawklady](#): lol
- 7:54 [auriah](#): lol LH
- 7:54 [piandjo](#): burn me Lord, but not too much tonight, but maybe a little more is OK.
- 7:56 [auriah](#): nice Pi!
- 7:56 [winnipeg9](#): my cat jumped the computer » my cat hit my computer
- 7:57 [auriah](#): its good here
- 7:57 [texasrosie](#): i am fin
- 7:57 [pathworld](#): no we all good
- 7:57 [texasrosie](#): with out refreshing » no loss here
- 7:57 [piandjo](#): i am fine here. can see your comments.
- 7:57 [beckysunnybrook](#): it's good here too.
- 7:58 [winnipeg9](#): E.J calls mood a rudder for
- 7:59 [jim h](#): A good resilience to suffering would seem to be needed
- 7:59 [winnipeg9](#): voyaging the higher
- 8:00 [beckysunnybrook](#): David, can you say why you said invoking Michael the archangel may not be a good idea?
- 8:01 [hawklady](#): Susan can you read Becky's question please » please
- 8:02 [jim h](#): Since we have eternal return there's lots of chances to do this work
- 8:02 [beckysunnybrook](#): Thanks anyway. I appreciate you had this class tonight.
- 8:03 [silverdale](#): Thanks David, Iven, One & All for being here tonight and sharing in this discussion ...
- 8:04 [beckysunnybrook](#): ty . the big leagues. puzzling, yet, maybe will find out.

» aaah. I see. that makes sense David.

» Oh, I know this is real. I've seen some things happen I wouldn't want to see happen again. Anytime soon. » tempering is much more helpful. » with this group.

- 8:05 [hawklady](#): thanks everyone
- 8:06 [piandjo](#): Wow! Quite a class tonight. Thank you all. I am now swimming back to shore to look for a cold beer.
- 8:06 [beckysunnybrook](#): ty Hawklady

- 8:06 [hawklady](#): got one for me Piandjo?
- 8:06 [silverdale](#): P. - tip one back for me ...
- 8:07 [beckysunnybrook](#): It feels like a nice trampoline. Not hitting the ground too hard, but bouncing up.
- 8:07 [piandjo](#): one on the house for everyone. Blessings be.
- 8:07 [auriah](#): got it » jim?
- 8:07 [jim_h](#): I'll send the log
- 8:08 [hawklady](#): it is the way it is suppose to be
- 8:08 [adluce](#): Thank you David and Iven and all!
- 8:08 [piandjo](#): thanks for your personal comments Iven and David.
- 8:08 [eiru](#): good night all
- 8:08 [beckysunnybrook](#): ty David and Iven, Susan and Dan
- 8:08 [hawklady](#): thanks Jim, David, Ivan and everyone, much love to all
- 8:08 [beckysunnybrook](#): take care.
- 8:08 [pathworld](#): Thank you all and David and Ivan
- 8:08 [jim_h](#): Blessings
- 8:08 [pathworld](#): love to u all
- 8:08 [beckysunnybrook](#): Hey Path, take care!
- 8:08 [lost_horizon](#): Goodnight, everyone
- 8:08 [pathworld](#): Blessing » u too
- 8:08 [lost_horizon](#): Thank you all
- 8:09 [auriah](#): goodnight everyone » thank you!
- 8:09 [pathworld](#): Good night all