## Chapter 11, Part 2

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Silverdale: Good evening One & All!
Adlucem: Good evening!
Lost_horizon: Hello
Susankester: hello all
Lost_horizon: (For David - 17 viewers, 8 logged in)
Pathworld: hi all
» hawk wing say she cant make it tonight
Lost_horizon: ok
» thanks, Path
8:12 Pathworld: an old almost friend buddist nun came in to my life again
8:12 Jim_h: Used keywords during the work day - it does transport you - but I'm not very sensitive yet
» Can sense a small shift using, Pity, Yearning and becoming one
8:13 Markroche: Hi EveryOne
8:13 Pathworld: she kept calling me a a healer hum i dont think of myself that way
8:14 Silverdale: Welcome MarkR ...
8:14 Lost horizon: Hi, Mark
8:14 Pathworld: last 2post of mine go together
8:14 Markroche: for me, the formulation is beyond me and makes me feel a bit at sea
8:17 Lost horizon: ok, Path
8:19 Jim_h: You have to really feel the different moods - pity, yearning, ignorance, communion
» they may require props to invoke
» postures, music, art etc
» has to be otherwise its just intellectual
8:21 Winnipeg9: focused attention int
8:23 Hawklady: i made it,
8:23 Simmontemplar: Hi everyone...(my apology for the distraction) but what time is it now in the Institute? I
have felt victim of a change of time in Toronto I think...
8:23 Lost horizon: it's 7:20 or so
» Pacific Time
8:23 Markroche: Hi Simmon
8:23 Jim_h: 7:23 Simmon
8:23 Lost_horizon: (Hi, Simmon)
8:24 Silverdale: Welcome - Simmon! ...
8:24 Simmontemplar: Thank you! Hi Jim, Lost, Mark gret to be w / you
» Hey hello Silver !!
8:24 Adlucem: I feel sometimes as if I'm a key in a lock, or I am gently encased. I must be still and quiet.
8:26 Markroche: yes, feel like getting a little warmer
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8:26 Pathworld: yes sometimes i just know
8:30 Lost horizon: (For David - 21 viewers, 12 logged in)
8:32 Markroche: It just did pass me on the street. i was late cuz had to walk to a store and get water. Am in a
weird space
8:33 Jim h: At this stage it requires faith if it has not been personally experienced
8:33 Markroche: today because in a lot of physical pain, so was moving slow and guite spaced out and
vulnerable.
Yet I had about five real impactful heartful interactions with different people in about 15 minutes.
8:35 Silverdale: Mark sorry to hear you suffer ...
8:35 Adlucem: nope
8:35 Markroche: I attribute it to working on all this stuff and somehow being open to the higher space
8:36 Silverdale: but you set an example as a spiritual warrior ...
8:36 Markroche: Thanks Silverdale, been a tough day-lol
8:37 Simmontemplar: I get what you said Mark; it makes sense
» you are "relating" from a more vulnerable place
8:38 Markroche: despite the pain I was in, it was like being on a sort of magic carpet ride
i agree Simmon, the vulnerability was an opening key of sorts
8:39 Simmontemplar: yas
» there you go!!
8:42 Markroche: it was interesting because it made it easier both for others to access me and for me to
access them
8:44 Simmontemplar: Yes Mark!! but both parties had different reason to have accesibility to eachother.
Their was a different access to you, becoause of you vulnerability. Yours was from a mood of consciousness
8:44 Jim_h: OK - not faith if you are indifferent to outcome
8:47 Markroche: a nice definition of 'faith' is the willingness to follow the truth wherever it leads.
8:51 Simmontemplar: very in context
8:47 Markroche: a nice definition of 'faith' is the willingness to follow the truth wherever it leads.
8:51 Simmontemplar: very in context
» thanks Iven; the guide should have told them what the principle of the practice was.
» Otherwise is very easy to get carried in to our habits
9:00 Markroche: would David please read Dante's words once again
9:03 Simmontemplar: we "are" that Absolute crusified!
9:03 Pathworld: he said peter i can see your house form here lol jk
9:05 Lost horizon: (22 viewers, 11 logged in)
9:06 Jim h: will you suffer for Him?
» the question we ask ourselves
9:08 Simmontemplar: there is a sacrifice!
9:08 Markroche: what i sort of see is the man on the cross being crucified to the angel(creation, us, etc) and
in this case the angel seeking
» to relieve his suffering, sort of doing the objective prayer attitude
9:09 Hawklady: thank you David, Ivan and everyone, have a great week
9:09 Lost horizon: Thank you all
9:09 Jim h: I have the log, thanks everyone
9:09 Lost horizon: Goodnight
9:09 Markroche: Thanks All, this helped me feel better.
9:09 Adlucem: Thank you all!
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