

# The Hidden Work

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## Chapter 13, part 10

- 6:51 **Silverdale**: Good evening One & All! 6:51 pm
  - » Thanks for the reading MA ...
- 6:53 **Adlucem**: Hello, Friends
- 6:54 **Piandjo**: hello fellow travelers
- 6:56 **Pathworld**: hi all
- 6:57 **Lost\_horizon**: Hello, everyone
- 6:58 **Markroche**: Greetings fellow wanderers
- 6:59 **Piandjo**: hey Mark
  - » phone too low
  - » no can hear George here, unfortunately.
- 7:01 **Auntiematter**: hello, sound is good here.
- 7:01 **Lost\_horizon**: Hi, Auntie
- 7:01 **Jim\_h**: sounds like the phone mike is not working
- 7:01 **Auntiematter**: hi
- 7:02 **Piandjo**: will call in
- 7:04 **Lost\_horizon**: (103 viewers, 13 signed in)
- 7:04 **Pathworld**: noep we can't hear it
- 7:05 **Jim\_h**: Hi Auntie
- 7:05 **Lost\_horizon**: does it sound better?
- 7:05 **Hawklady**: hi everyone
- 7:05 **Lost\_horizon**: (oh, adjustments are still being made)
  - » Hi, Hawklady
- 7:07 **Auntiematter**: hi
- 7:07 **Jim\_h**: No nobody but us chickens
- 7:07 **Auntiematter**: and turkeys
- 7:07 **Lost\_horizon**: lol
  - » probably right outside the window
- 7:08 **Auntiematter**: yes, they are loitering outside.
- 7:08 **Pathworld**: yes better but george
- 7:08 **Lost\_horizon**: (92 viewers, 15 signed in)
- 7:28 **Markroche**: an alternative is the 'invocation of presence' mantrum to then put one into a more aware attentive state and so better able to choose our next step or response.
- 7:29 **Silverdale**: right on Mark ...
- 7:29 **Markroche**: as a way of utilizing the energy of whatever 'unpleasantness' we may have noticed
- 7:29 **Silverdale**: right on Mark ...
- 7:29 **Lost\_horizon**: ditto
- 7:30 **Markroche**: so as to then be more aware and hence able to find one's right place in the current octave
- 7:30 **Silverdale**: right on Mark ...
- 7:30 **Piandjo**: yes mark

- 7:35 **Hawklady**: yes  
» on track
- 7:35 **Markroche**: y
- 7:35 **Adluce**: yes
- 7:35 **Piandjo**: to confess IS to offer up as food.
- 7:36 **Auntiematter**: very nice piandjo. thank you.
- 7:36 **Hawklady**: funny Piandjo I confessed this morning to pathworld
- 7:37 **Piandjo**: seeing the reality of the situation transforms us, and is a confession.
- 7:37 **Jim\_h**: It has to start with awareness then desire to examine what you were aware of.
- 7:38 **Hawklady**: yes the fight is internal --very nice.
- 7:38 **Markroche**: confessing seems to serve as a way of looking at whatever we have been 'holding' from different perspectives which let us be more aware of and objective about it
- 7:39 **Piandjo**: it was liberating, wasn't it, hawklady.
- 7:39 **Markroche**: and also somewhat more distanced from whatever have to confess
- 7:40 **Hawklady**: yes it was, i found it very funny afterward laughing at myself on how i was triggered and took the bait
- 7:45 **Susankester**: it is funny after whn you realized how silly I acted
- 7:45 **Jim\_h**: Being radically honest provides an opportunity to confront and transcend ego
- 7:47 **Hawklady**: yes susan  
» we catch ourselves being silly and face this great opportunity to go within
- 7:51 **Markroche**: Wow, can I relate to that question that David is saying Susan must ask
- 7:54 **Jim\_h**: Its akin to dropping the facial mask
- 7:55 **Silverdale**: Good point Jim ...
- 7:56 **Markroche**: plus, family members are good at pushing our buttons no matter how much we've grown-lol
- 7:57 **Markcirka**: i try to avoid a dramatic talk that my family might try to draw out of me ... which might make them upset also
- 7:57 **Silverdale**: quite true - Mark - thank the Lord for our family members! LOL!
- 7:58 **Jim\_h**: Anybody that says they're enlightened should spend the weekend with their parents and in-laws
- 7:58 **Markcirka**: especailly if someone isn't into work on self you might have to feign interest in human trivia ... which sounds like being fake but ...
- 7:58 **Lost\_horizon**: lol Jim
- 7:59 **Markroche**: lol Jim and Silverdale
- 7:59 **Markcirka**: well sometimes high drama fighting can bring people closer together
- 8:00 **Silverdale**: Family members provide the best opportunity for work on self because of our identification  
...
- 8:00 **Susankester**: so true George
- 8:01 **Auntiematter**: most of the drama of the old testament is based on familyinteractions...cain/abel, abraham/issac, moses etc..
- 8:02 **Markroche**: adam and eve arguing...
- 8:02 **Auntiematter**: joseph & his brothers. i think there is a deep reason for these stories and explorations of typicality.
- 8:03 **Winnipeg9**: in one of the talks someone asked e.j. how can i prepare myself for working at the institute. e.j. then stated have a member of your family nag you for about three weeks ( i think he used the word scream)
- 8:03 **Auntiematter**: lol
- 8:03 **Lost\_horizon**: lol MarkR - that's all our families!

» lol Winn

- 8:05 **Markroche**: 'moments of freedom' i like that
- 8:06 **Adlucem**: "girl type thing"
- 8:06 **Lost\_horizon**: Adam and Eve - the Mark Twain version
- 8:07 **Hawklady**: lol
- 8:08 **Markroche**: not familiar with Mark Twain version, thanks for reminder Dan
- 8:08 **Lost\_horizon**: I don't remember the exact title, I'd have to look it up
- 8:08 **Auntiematter**: It is wonderful! You would really enjoy it. The Diaries of Adam and Eve...I think.
- 8:09  
**Lost\_horizon**: Thanks, Auntie
- 8:09 **Markroche**: thanks Auntie
- 8:09 **Pathworld**: Thank you all
- 8:09 **Auntiematter**: It would be fun to do parts of it for SL.
- 8:09 **Adlucem**: Yes, Auntie!
- 8:09 **Jim\_h**: If you are familiar with the Prosperity Virtual Ashram, on Thursdays (7 am - 7:30 am), Prayer Absolute Meditation hosted by Rocky (Jim\_h), at the Crown of Creation. Take a purple teleport to Bubbles.<http://maps.secondlife.com/secondlife/prosperity...>
- 8:09 **Hawklady**: fax, text, email, FB, phone
- 8:09 **Markroche**: Thanks all, got a lot out of this.
- 8:09 **Hawklady**: thank you all
- 8:09 **Lost\_horizon**: Thank you all  
» goodnight
- 8:09 **Adlucem**: Thank you all. Good night.
- 8:09 **Pathworld**: Thank you David and Ivan and all
- 8:10 **Hawklady**: thanks Susan
- 8:10 **Pathworld**: goodnight all
- 8:10 **Auntiematter**: Will work on Adlucem! Many thanks to all of you.  
» it\*
- 8:10 **Silverdale**: Thanks David, Iven, One & All for the group invocation this evening!
- 8:10 **Jim\_h**: Good nite!
- 8:10 **Auntiematter**: Good nite and sweet dreams to all.
- 8:11 **Piandjo**: thank you everyone. great class.
- 8:11 **Susankester**: thanks everyone, I'm being burned up b the work
- 8:11 **Auntiematter**: it was wonderful what you shared Susan. your big heart and courage is good model for us.
- 8:12 **Piandjo**: George, hope for next week you will share some insights you have only hinted at thus far.