

The ABD

Class Number 07

- 6:54 [Silverdale](#) Good evening One & All!
- 6:58 [Lost horizon](#) Hello, everyone bear with us please...
- 6:59 [Silverdale](#) Good video ... no microphone ...
- 6:59 [PRO Gnosticman](#) Good evening from Gail and Gerald, Springfield, MO, heart of the Ozarks
- 7:00 [Lost horizon](#) How's the sound?
- 7:01 [Southerly19](#) hello everyone, rita-atlanta
- 7:03 [Sylviarichardson931](#) Good evening everyone. (Star)
- 7:03 [PRO Puzzletricks](#) Hello everyone, Kye - PA
- 7:03 [Pathworld](#) hi all jenny corona
- 7:04 [Lost horizon](#) Dan, Grass Valley
- 7:04 [Hapimist](#) shelley-highland ca
- 7:05 [Silverdale](#) George - Seattle
- 7:05 [Yunflower](#) Sylvia- Riverside
- 7:05 [Texasrosie](#) Rose Penn Valley
- 7:05 [Vadere](#) Kathleen - London
- 7:05 [Sylviarichardson931](#) (Star) long beach california
- 7:05 [Susankester](#) susan, Denver
- 7:05 [Winnipeg9](#) here
- 7:05 [Pathworld](#) 19
- 7:06 [Cuetlachtli](#) Pilar-Perris, CA
- 7:06 [MOD Jinjerrojers](#) ;
- 7:06 [Skafooti](#) Judy Holt, Boca Raton
- 7:07 [Silverdale](#) Welcome - Skafooti!
- 7:08 [Sylviarichardson931](#) (Star) anyone else having a delay?
- 7:08 [Cuetlachtli](#) yes
- 7:09 [Yunflower](#) yes
- 7:09 [PRO Puzzletricks](#) yes
- 7:09 [PRO Gnosticman](#) Yes, lots of lag.
- 7:09 [Sylviarichardson931](#) (Star) yes
- 7:09 [Hapimist](#) delay and freezing
- 7:09 [Lost horizon](#) anyone else having video issues?
- 7:09 [Sylviarichardson931](#) (Star) yes
- 7:09 [Pathworld](#) lag
- 7:09 [Vadere](#) no
wait now yes
- 7:10 [Winnipeg9](#) just like the normal progression of time re: The Time Talk
- 7:10 [MOD Jinjerrojers](#) ;
- 7:13 [Sylviarichardson931](#) (Star) jinjerr we are having lags and freezes
- 7:14 [Lost horizon](#) Is it affecting the audio, or is it pixellating? (Lags and freezing seems to be "normal" for Justin these days)
Trying to decide whether to reboot
- 7:15 [Sylviarichardson931](#) (Star) it is actually stopping and starting
- 7:15 [Lost horizon](#) I'll suggest a reboot. Don't know if it will help.

We're rebooting - please stay tuned

- 7:16 [MOD Jinierrojers](#) '
- 7:16 [Hapimist](#) good here
- 7:17 [PRO Gnosticman](#) Back, good visual and sound
- 7:18 [Hapimist](#) much better thanks,,,,uh ho dinging
- 7:19 [Sylviarichardson931](#) (Star) When I take a moment to remember that I am in the macrodimensions I can see how that is true and I am amazed of how ordinary the entire experience is...just like E.J. says in the book...the ordinariness of it all!
(Starananda is sylviarichardson I prefer to be addressed as Star or Starananda)

- 7:27 [Susankester](#) thanks Star. good to know
- 7:27 [Sylviarichardson931](#) (Star) You are welcome Susan
- 7:36 [PRO Gnosticman](#) As David has previously said, the rebirth stations (at least for me) occur embedded within the matrix of life. The bardo stations subjectively seem to have occurred as ordinary life experiences. Except in retrospect one notices these bardo experiences had/have a numinous quality.
- 7:42 [Sylviarichardson931](#) (Star) That is what I meant by ordinary.
- 7:43 [Pathworld](#) page 39
- 7:44 [Markroche](#) my book has deifferent page numbers, will someone tell me what section of the book this passage is in?
- 7:45 [Sylviarichardson931](#) (Star) Page 34 Mark last paragraph
- 7:45 [Markroche](#) thank you Star
- 7:46 [Sylviarichardson931](#) (Star) yw
- 7:50 [Markroche](#) so, given what David was saying about the color of a day, and other parts of what has been being spoken of, it seems that noticing for patterns and for breaks in patterns can be useful indicators

- 7:52 [Hapimist](#) Very nice comments,,,thank you David
- 7:53 [Vadere](#) to hear them all together was beautiful
- 7:55 [Hapimist](#) cool Ivan !!
- 7:56 [Sylviarichardson931](#) (Star) Great explanation Iven of what you felt...I can feel those feelings coming from your words...very powerful!
- 7:59 [Hapimist](#) The REAL Susan
- 8:04 [Silverdale](#) Good night everyone ... thanks for your participation this evening ...
- 8:05 [Lost horizon](#) Thank you, everyone
- 8:05 [Hapimist](#) ok thank you all so much
- 8:05 [Lost horizon](#) Goodnight
- 8:05 [PRO Puzzletricks](#) Thanks all, goodnight!
- 8:05 [Southerly19](#) Thank you, nite everyone
- 8:05 [Yunflower](#) Thank you!!
- 8:05 [Southerly19](#) excellent again
- 8:05 [PRO Gnosticman](#) Thank you and good night.
- 8:05 [Sylviarichardson931](#) (Star) Thank you all...
- 8:05 [Cuetlachtli](#) thank you!
- 8:05 [Markroche](#) thanks bardo campers
- 8:06 [Susankester](#) good night