

# The ABD

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## Class Number 10

- 6:48 [Silverdale](#) Good evening One & All!
- 6:52 [Simmontemplar](#) good evening to All !!
- 6:54 [Silverdale](#) Simmon .. I was in D.C. and Boston last week ... thanks for your call ..
- 6:57 [Simmontemplar](#) Hey Silver !! I got it ! ...good for you!
- 6:57 [Piandjo](#) hello everyone. it is always nice to be with you.
- 6:57 [Simmontemplar](#) I suspected you were "on the loose"
- 6:57 [Hawklady](#) hello all
- 6:57 [Simmontemplar](#) Hi Pi !! how goes it !?
- 6:57 [Melissalorca](#) Hi everyone!
- 6:58 [Simmontemplar](#) Hi Hawk L !
- 6:58 [Pathworld](#) hi all
- 6:58 [Melissalorca](#) Hey Path!
- 6:58 [Piandjo](#) hello Simmon. Like the old pastor told me; no test, no testimony! We are well, thank you
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- 6:59 [Pathworld](#) Jenny -corona calif hi mel and hawk
- 7:00 [Hawklady](#) it looks like we will have 4 today
- 7:00 [Simmontemplar](#) I am glad Pi !!
- 7:00 [Sylviarichardson931](#) (Star) Long Beach CA
- 7:00 [Melissalorca](#) Hello, Star
- 7:00 [Puzzletricks](#) Kye, Central PA. Hi everyone!
  - Welcome to the chat room!
- 7:01 [Sylviarichardson931](#) (Star) Hi Melissalorca
- 7:01 [Lost\\_horizon](#) Hello, all
- 7:01 [Southerly19](#) hi, rita-atlanta
- 7:02 [Lost\\_horizon](#) Dan, Grass Valley
- 7:02 [Melissalorca](#) Melissa, Riverside
- 7:03 [Piandjo](#) harry, Austin
- 7:03 [Southerly19](#) no sound here, just me?
- 7:03 [PRO Puzzletricks](#) no sound here either.
- 7:03 [Hawklady](#) \*\*\* here either
- 7:03 [Melissalorca](#) No sound here
- 7:03 [Winnipeg9](#) mark here
- 7:03 [Southerly19](#) ah, there it is
- 7:03 [Susankester](#) susan denver
- 7:05 [Sylviarichardson931](#) (Star)Gnosticman and Loralilah!
- 7:05 [Muspelspark](#) tom brockville
- 7:06 [Silverdale](#) George - Seattle
- 7:06 [Pathworld](#) welcome guests
- 7:06 [Sylviarichardson931](#) (Star) yes
- 7:07 [Lost\\_horizon](#) <http://www.wingsofchaos.com/abd/the-last-hours-of-life/>
- 7:10 [Hawklady](#) Arsi, Norco, CA
- 7:11 [Gapalz](#) Grant in New Paltz
- 7:11 [Sylviarichardson931](#) (Star)Great point Pat!

- 7:16 [Simmontemplar](#) would that be numbing you? of the feelings of the situation? ...but at the same time there it is your subjective and projections over the death of the loved one  
Could be really be objective with out loosing our feelings?
- 7:20 [Sylviarichardson931](#) (Star) I experienced going into one of the healing radiations during a light sleep last week. I was told what time this would take place. When it began to happen I was not ready I had that one more thing to do. I was unable to do that "thing." The cleansing radiation started at the exact time that I had been told. The radiation was scary at first and then it was very healing and I had an extreme sense of peace. I was trying to convey that to my children...that I was actually okay. Then I woke up.
- 7:21 [Gapalz](#) volume is good
- 7:21 [Silverdale](#) Thanks for sharing ... Star ...
- 7:21 [Sylviarichardson931](#) (Star) no problem Silverdale.
- 7:22 [Piandjo](#) very nice, Star. thank you .
- 7:22 [Markcirka](#) i went to a family members funeral -being around the corpse was great -- a real weird higher feeling but unfortunately i couldnt hang around there long there as a line up of people wanting to cry and tell stories and how much love etc.. but im kind of a jerk
- 7:22 [Sylviarichardson931](#) (Star) you are welcome
- 7:23 [Markcirka](#) i just hoping that i wouldnt think of funny stuff and start laughing or thinking of what the non-human parts of them are going on
- 7:24 [Silverdale](#) Mark ... confrontation with death is a highly personal experience...
- 7:24 [Markcirka](#) i kind of feel guilty that i cant help the voyager as per teaching as much as i should be able too if i was really on the ball so far this life time. okay thanks.
- 7:25 [Silverdale](#) Good comment Simmon which Susan just read ...
- 7:28 [Sylviarichardson931](#) (Star) yayyyyy to Gnosticman and Lorililah!
- 7:28 [Melissalorca](#) Thank you Gnosticman and Lorililah. Safe travels
- 7:29 [Simmontemplar](#) Good bye guys !!
- 7:29 [Silverdale](#) Thanks for showing up!
- 7:32 [PRO](#) [Workin2bredy](#) hi
- 7:40 [Southerly19](#) nite everyone, have to listen to remainder on tape; thank you
- 7:41 [Simmontemplar](#) Bye Rita !
- 7:41 [Pathworld](#) te Rita
- 7:41 [Hawklady](#) goodnight
- 7:41 [Pathworld](#) nite
- 7:43 [Sylviarichardson931](#) (Star) Unless you have a twin!
- 7:45 [Simmontemplar](#) That's a "roll" a new one
- 7:46 [Markcirka](#) david should buy a sexy dress not a truck in that vein
- 7:46 [Simmontemplar](#) jajajja !!
- 7:46 [Sylviarichardson931](#) (Star) hahaha
- 7:46 [Hawklady](#) what color dress?
- 7:47 [Sylviarichardson931](#) (Star) I like the way Pat has introduced of writing the last hour in the hour that you happen to be in at the time you begin to write.
- 7:48 [Winnipeg9](#) E.J. had me lead a Belly Dancing class with no warning or training. It was jarring!
- 7:48 [Hawklady](#) Yes, that helps a lot Star
- 7:48 [Sylviarichardson931](#) (Star) I think so too Hawklady.
- 7:54 [Melissalorca](#) Beautiful, David and Pat.
- 7:55 [Simmontemplar](#) Awesome collaborations Pat !! thank you so much !
- 7:56 [Sylviarichardson931](#) (Star) yes that is correct  
(Star) in the PVA on Sunday's from 3pm-4pm

outside the Ganesh Temple in the Zen bell meditation area.

- 8:01 [Simmontemplar](#) great explanation David!!

- 8:02 [Piandjo](#) ditto
- 8:02 [Gapalz](#) yes
- 8:02 [Simmontemplar](#) good question too Pi !!
- 8:02 [Piandjo](#) thanks Pat, for your expansion on this idea.
- 8:02 [Sylvia-richardson931](#) (Star) Wonderful David and Pat! Thanks!  
(Star) no problem
  
- 8:07 [Lost horizon](#) Thank you all  
Good night
  
- 8:07 [Silverdale](#) Good night One & All! ... Thanks David & Pat for facilitating this evening's discussion!
- 8:07 [Hawklady](#) thank you so much, another great class
- 8:07 [Melissalorca](#) Thank you all.
- 8:07 [PRO Puzzletricks](#) Thank you so much.
- 8:08 [Simmontemplar](#) Thank you very much !! Good nite
- 8:08 [PRO Workin2bredy](#) thankks
- 8:08 [Gapalz](#) wonderful - so glad to have been here
- 8:08 [Pathworld](#) Thank you all .Pat and David
- 8:09 [Susankester](#) \*goodnight all, good class
- 8:09 [Pathworld](#) goodnight,sleep well ,
- 8:09 [Piandjo](#) thanks to everyone. the class vibe is a collective one-- it is truly Ours.