

The ABD

Class Number 16

- 6:56 [Southerly19](#) hello, rita-atlanta
- 6:57 [PRO Gnosticman](#) Good evening, everyone, from the unseasonably hot Ozarks, Lorailah and gnosticman
- 6:57 [Lost horizon](#) Hello, everyone
- 6:58 [Silverdale](#) Good evening One & All!
- 6:58 [Lost horizon](#) We are rebooting
- 7:00 [Hawklady](#) hi
- 7:01 [PRO Puzzletricks](#) Hello all
- 7:01 [Lost horizon](#) Technical issues... please bear with us
- 7:02 [Pathworld](#) ello everyone
- 7:02 [Simmontemplar](#) Hello everyone !!
- 7:02 [Lost horizon](#) Should have picture. Everyone have a picture?
- 7:02 [Pathworld](#) hi simmon
nope
- 7:03 [Lost horizon](#) Hi, Simmon
- 7:03 [Simmontemplar](#) Hi Path !!
- 7:03 [Lost horizon](#) Hi, Path
- 7:03 [PRO Puzzletricks](#) I have sound & vision
- 7:03 [Pathworld](#) yes i do now
- 7:03 [Lost horizon](#) great
- 7:03 [Silverdale](#) Hi Simmon!
- 7:03 [Pathworld](#) hi lost
- 7:03 [Skafooti](#) Judy Holt, Boca Raton
- 7:03 [PRO Gnosticman](#) No sound or vision here
- 7:03 [Pathworld](#) Jenny- corona
- 7:04 [Silverdale](#) Welcome - Skafooti!!!!
- 7:04 [Lost horizon](#) Dan - Grass Valley
- 7:04 [Piandjo](#) Harry, Austin
- 7:04 [Silverdale](#) George - Seattle ...
- 7:04 [Hawklady](#) shikoba - corona
- 7:04 [Lost horizon](#) Gnosticman - you might need to refresh
- 7:04 [Skafooti](#) Be back soon, 2 phones downstairs, can't find them. Upstairs to check!
- 7:04 [Simmontemplar](#) Hi Guys ! Silver, Piandjo, Hawk L, Dan ... !!!
- 7:05 [Pathworld](#) yes im here
- 7:05 [PRO Gnosticman](#) OK, got visual and sound
- 7:05 [Gapalz](#) alllo, Grant here
- 7:05 [Pathworld](#) simmon and i did our home work yea
- 7:06 [Simmontemplar](#) you bet Jenny !!
- 7:06 [Pathworld](#)
- 7:06 [108repetitions](#) the Law of Dream this is the Law of Cosmos
- 7:06 [Skafooti](#) Online and on phone.
- 7:06 [Piandjo](#) Hello Simmon!
- 7:07 [Simmontemplar](#) Who's the Lady on the phone?

- 7:07 [Piandjo](#) Susan, I believe.
- 7:07 [Skafooti](#) Hello right back, George!
- 7:07 [Simmontemplar](#) Hi Pi !! 3,14 thanks for the work Pi !
- 7:08 [Piandjo](#) 3.141592653589793
- 7:09 [Simmontemplar](#) There you go !!
Greetings 108 Rep !
- 7:12 [Susankester](#) hello, it's me, good evening
- 7:12 [108repetitions](#) Being that's life but the essence It is the object
- 7:12 [Piandjo](#) I have a copy of Leary's Neurologic, written by him while in jail, sold to some of us to raise money for lawyer's fees. Very interesting book...
- 7:12 [Simmontemplar](#) Welcome Susan !!
- 7:14 [Susankester](#) magic pheniox, are you online?
- 7:16 [Pathworld](#) page 83 in my book
- 7:16 [Piandjo](#) We are now trying to read this material as a way to look at what is happening around us all the time. We read for all of us, while we are here, now. Our perceptions begin to change when we do.
- 7:20 [108repetitions](#) I resigned the *imaginative freedom and found death without the *limitations of the body
- 7:22 [Piandjo](#) Susan, have you found your earpiece?
- 7:23 [Susankester](#) yes, thank you, but we should still share
- 7:24 [Piandjo](#) OK
- 7:27 [Pathworld](#) darf question but i relax by changing my breathing if im dead how do i relax as i'm not breathing ?
- 7:28 [Simmontemplar](#) Right now we are at the process of dying through the pacification of the personality, to the finnal death
- 7:28 [Hawklady](#) Two days ago i started a 31 minute kandalini meditation and it has been so hard. Hearing this now, helps me realize how anxious i am even before starting my mediation. Reading the clear light before i start meditation should help me relax
- 7:29 [PRO Gnosticman](#) Relaxing is letting go. Letting go of identification and attachment. There is a need to cultivate the habit of relaxation in life so it carries over in death.
- 7:30 [Silverdale](#) Well stated - Gnostic ...
- 7:31 [Simmontemplar](#) not only we relax phisically; but as well emotionally, mentally; that would be the situation in the Macro
- 7:31 [PRO Gnosticman](#) Best to develop habit of relaxing with attention to sensing.
- 7:31 [108repetitions](#) there is no other But you think you're another; because laws wrapped in vacuum
- 7:32 [Silverdale](#) I agree entirey Hawk ...memorize and say the Clear Light Prayer ...
in order to relax ...
- 7:32 [Pathworld](#) yes hawk it should help
also in the divine silence experiance it as more that just quiet .
- 7:36 [Hawklady](#) thank you
- 7:39 [Pathworld](#) in the sentence- now this is my true nature be in your true nature
- 7:39 [Simmontemplar](#) right Path W !
- 7:39 [108repetitions](#) when your head are inAbsolute 1and feets At Absolute 1 attempts to explain which is the study and a machine brain to transformation in that phenomena
- 7:41 [Piandjo](#) We do not see the world as it is, but as we are. This true in both worlds.
- 7:41 [108repetitions](#) 0
- 7:44 [Maiickphoenixx](#) Has it happened that someone refused to use their knowledge right at the critical time? What to do about it?
- 7:44 [Piandjo](#) When a pickpocket meets a saint, he sees only his pockets.

- 7:45 [Simmontemplar](#) very true Pi ...
- 7:45 [Gapalz](#) Trust majick, just staying with the situation, simple presence
- 7:45 [Majickphoenixx](#) bless u g.
- 7:45 [Hawklady](#) that's too funny and so true
- 7:47 [Majickphoenixx](#) Ina Gada Davida
I see you ...
- 7:48 [Simmontemplar](#) That is part of your question Majickp.
- 7:48 [Majickphoenixx](#) yes
- 7:48 [Gapalz](#) yup
- 7:49 [Piandjo](#) Oh my gosh, Ina Gada Davida! Back I went in time-- tanks for the memory, Majick.
- 7:50 [Majickphoenixx](#)
- 7:50 [108repetitions](#) give returns all lightning of creation and will understand that can not make a method by itself
- 7:55 [Simmontemplar](#) Very simple, very profound David
- 7:56 [Pathworld](#) ohh ya lets go play in the rain and splash in the puddles fun
- 7:57 [Lost horizon](#) and it's ok if we melt...
- 7:57 [108repetitions](#) my objective vision about you reality, subjective you know; but this leads to a school Work
- 8:01 [Majickphoenixx](#) Hello Susan
- 8:02 [Susankester](#) i
- 8:02 [Majickphoenixx](#)
- 8:02 [108repetitions](#) no internal perception no external perception try not identified
- 8:02 [Lost horizon](#) Thank you all
- 8:02 [Piandjo](#) thanks to everyone, good night.
- 8:02 [Susankester](#) hi majick, lets talk
- 8:02 [Lost horizon](#) Goodnight
- 8:02 [Hawklady](#) thank you all
- 8:02 [Majickphoenixx](#) Yes..
- 8:02 [Pathworld](#) Thank you all
- 8:02 [Southerly19](#) nite everyone, thank you!
- 8:02 [Pathworld](#) goodnight
- 8:02 [Majickphoenixx](#) call me
- 8:02 [Gapalz](#) great session, thanks
- 8:02 [PRO Puzzletricks](#) thanks everyone, goodnight
- 8:02 [Susankester](#) sorry to miss you
- 8:03 [PRO Gnosticman](#) Thank you and good night
- 8:03 [Majickphoenixx](#) my fault entirely juggling
Dan: tell Auntie I am watching her...
- 8:03 [Silverdale](#) Goodnight Everyone ... great invocation ...
- 8:03 [Texasrosie](#) thanks all
- 8:03 [Susankester](#) goodnight all, great class
- 8:03 [Majickphoenixx](#) Thank you
- 8:04 [Simmontemplar](#) Beautiful...; Thanks to all for Being, good night
- 8:04 [Lost horizon](#) will do, Majick
- 8:05 [108repetitions](#) good night egos
and good day beings