

The ABD

Class Number 19

- 6:48 [Piandjo](#) good evening everyone.
Shikoba, just noticed your delightful email. Thank you. Will respond later.
- 6:55 [Silverdale](#) Good evening One & All!
- 6:55 [Piandjo](#) hello SD!
- 6:56 [Silverdale](#) Back at you P.! ...
- 6:58 [Batthra](#) 🖱️
- 7:00 [MOD](#) [Dokgoth](#) We are running a bit late
- 7:01 [Piandjo](#) harry--Austin
- 7:01 [Gnosticman](#) Good evening from the soggy Ozarks from Loralilah and gnosticman
- 7:02 [Silverdale](#) George - Seattle
- 7:02 [Melissalorca](#) Melissa from hot hot Riverside
Melissa from Riverside
- 7:04 [Gnosticman](#) We have lot's of rain and thunderstorms. Always the threat of tornados.
- 7:05 [Sylviarichardson931](#) (Star) From Long Beach Cali
- 7:05 [Silverdale](#) Tomatoes are a threat?
- 7:05 [Hawklady](#) hello everyone, how is everyone tonight? Harry yeah, welcome back
- 7:05 [Silverdale](#) LOL
- 7:05 [Gnosticman](#) Yes, thank you Marvette!
- 7:05 [Melissalorca](#) Absolutely! thank you, Marvette!
Hi Susan
- 7:05 [Hawklady](#) hi Susan i missed you too
- 7:06 [Gnosticman](#) And thanks to LostHorizon!
- 7:06 [Susankester](#) hello all
- 7:06 [Melissalorca](#) Sounds good
- 7:06 [Simmontemplar](#) Greetings to All !!
- 7:06 [Melissalorca](#) Hello simmon!
- 7:07 [Silverdale](#) Welcome Simmon!
- 7:07 [Hawklady](#) greetings simmon
- 7:07 [Piandjo](#) hello Simmon. Glad you are here!
- 7:07 [Simmontemplar](#) Hi Meli !! always awesome to see you...so goes for da' Hawk !!
- 7:07 [Melissalorca](#)
- 7:07 [Simmontemplar](#) Hey Harry ol' friend!
Silverrr !!... holding the light
- Welcome to the chat room!
- 7:10 [Lost horizon](#) Good evening
- 7:10 [Nortiana](#) Hi
- 7:10 [Puzzletricks](#) Hi
- 7:11 [Gapalz](#) hallo
- 7:11 [Simmontemplar](#) Hi Dan !!! welcome Nortiana and Tom !
- 7:11 [Majickphoenix](#) hello
- 7:12 [Lost horizon](#) Hi, Majick
- 7:12 [108repetitions](#) that you see It's the same thing it is seen that subject and object duality
- 7:12 [Majickphoenix](#) hi lost good day

susan and i i did

- 7:13 [108repetitions](#) hello inner octaves
- 7:13 [Lornaallan](#) Hello
- 7:15 [Winnipeg9](#) Howdy Alejandro
- 7:16 [Majickphoenix](#) It was great
- 7:18 [Lost_horizon](#) (22 viewers, 22 signed in)
- 7:18 [Simmontemplar](#) That's something Piandjo..., actually I was experimenting with the same escenario during day light on the streets; ...how about if I am already dead right now? "Dead man walking"
- 7:19 [Majickphoenix](#) I did not have an issue pretending to be dead... a great understanding came out of it
- 7:19 [Simmontemplar](#) Hi there 108 !!!
- 7:20 [108repetitions](#) movement Life between subject and object is not the definition of time
- 7:23 [Simmontemplar](#) good point Pat , common vocabulary is always very useful to relate to
- 7:25 [Majickphoenix](#) to enforce a 'lack of resistance'
- 7:25 [Susankester](#) Hi Majick, lost you number, please email me with it, susan_kester@yahoo.com
- 7:25 [Majickphoenix](#) 9166676158
- 7:27 [Susankester](#) thanks, I'll call tomorrow
- 7:27 [Majickphoenix](#) ok thank you ...
- 7:29 [Simmontemplar](#) for me is when I feel the "tension" between the machin and the Self witnessing; then I have to "hang on" my friend !!
the heat of the radiation if you want to call it like that

- 7:30 [108repetitions](#) love instinctive not identified to the cosmos but with the optical illusion subjective
- 7:31 [Simmontemplar](#) Geez guys...!... these talks are so usefull
- 7:33 [Majickphoenix](#) yes that' si t
- 7:33 [108repetitions](#) Sujet in object out
- 7:35 [Majickphoenix](#) to accept the energy without interference or resistance
- 7:35 [Nortiana](#) After reading those chambers during the week I wondered how could I recognise the disolutive radiation in my day-to-day life. I wasn't been able to recognise them directly, but seeing that the voyager receive the disolutive radiations like something unpleasant actually, what I've been doing is tolerating any unpleasant situation or sensation without running away from them and without hiding into any more comfortable place.
- 7:36 [Majickphoenix](#) PERFECT
- 7:36 [108repetitions](#) you just struggles with your imagination reality will another speed higher centers
- 7:36 [Nortiana](#) In brief, I am trying to cut off the habit of avoiding unpleasant situations and create and reforce, at the same time, the habit of stay still in them as long as I can.
- 7:37 [Simmontemplar](#) It is very simmilar to me Nortiana, although not necessarily has to be something ..."unpleasant" it can be anything that triggers you in "any way"
- 7:38 [Nortiana](#) yes, Simmontemplar, thanks
- 7:38 [Hawklady](#) that's awesome, taking advantage of death just as we do as in life, thank you
- 7:38 [Simmontemplar](#) I am backing you gal !!
- 7:39 [Majickphoenix](#) YOU must 'tough' it out without fighting or resistance... tough it out UNToughly that is not a word i know

- 7:40 [108repetitions](#) clear Light coronary chackra choose a reencarnation matrix lower chakra, if you study as a journey altered your consciousness
- 7:40 [Piandjo](#) spot on, Nortiana.
- 7:40 [Hawklady](#) it's good point majick
- 7:40 [Majickphoenix](#)
- 7:41 [Simmontemplar](#) I told you !!!...the Pond
- 7:41 [Majickphoenix](#) hang in there without hanging on to it

- 7:42 [Simmontemplar](#) I follow you Magick
- 7:43 [Majickphoenix](#) it is hard to 'say'
- 7:43 [Winnipeg9](#) Taoists call it Wu Wei in the state of the action of non action a.k.a actively making voluntary attention
- 7:44 [Majickphoenix](#) Not doing... very hard to acheive
I always take up arms....
- 7:45 [108repetitions](#) radiations cross you when you are not in the dream, not easy because cronique thing is dying
- 7:46 [Simmontemplar](#) That's right 108, very on spot comment
- 7:46 [108repetitions](#) if is dead you come back to dream
waking state It is terror for chronic, if you can tolerate is not that
- 7:48 [Majickphoenix](#) Where i Bob Newhart when you need him?
- 7:48 [Nortiana](#)
- 7:49 [Winnipeg9](#) back to the dream voluntarily
- 7:49 [Majickphoenix](#) Susan
- 7:51 [108repetitions](#) but can not do anything you'll see no difference between I and my perceptions
chronic
- 7:51 [Simmontemplar](#) It is because the experience becomes a "feeling" That's why Don Juan always told Carlos that life ...Was a "feeling"
- 7:52 [108repetitions](#) feeling and perceive is not the same
- 7:52 [Simmontemplar](#) That's why it is difficult to express the experiences; but it can be done
- 7:52 [Majickphoenix](#) yes he is so good at that
- 7:53 [Simmontemplar](#) I guess that's what we are doing now!
- 7:53 [Majickphoenix](#) my chronic was always leaving.. so when the time came I did not leave.....
now I think it's not my chronic anymore but I don't know
- 7:53 [108repetitions](#) resurrection start in hidrogen coccyx than easy talk with egos talk
- 7:56 [Majickphoenix](#) thank u all for your help
Get rocks that match the color... put them around
- 7:56 [108repetitions](#) seal closed the grail individuum can be real for higher dimensions
- 7:56 [Majickphoenix](#) like emeralds
- 7:57 [Simmontemplar](#) Point taken Pat; good idea
- 7:58 [108repetitions](#) Soul subject God object
- 7:59 [Gapalz](#) yes, in response to Pat comment about you can paint, the worlds that the ABD opens up for us are unlimited. Holding that knowledge and viewpoint can also give us a gauge as to whether we are in the radiations or more limited soft lights. Sense of wonder...
- 7:59 [Hawklady](#) I would like a partner for this week, anyone available?
- 8:00 [Piandjo](#) I am, Shikoba
- 8:00 [Hawklady](#) wonderful, i'll email me to set something up
- 8:00 [108repetitions](#) read and sound of your voice be the definition three-dimensional the subject and object
- 8:01 [Majickphoenix](#) yay
- 8:01 [108repetitions](#) beautiful voice
- 8:01 [Majickphoenix](#) there is a nice tent in sl to do those if you wish
I...
- 8:02 [Piandjo](#) thanks all.
- 8:02 [Majickphoenix](#) terrific... once again you surprise me
- 8:02 [Gnosticman](#) Thank you all
- 8:02 [Puzzletricks](#) Thank you everyone
- 8:02 [Gapalz](#) thanks guys

- 8:02 [Silverdale](#) Good night One & All!
- 8:02 [Melissalorca](#) thank you all. Goodnight
- 8:02 [108repetitions](#) hugs to you
- 8:02 [Muspelspark](#) Thank you all
- 8:02 [Hawklady](#) thank you all, many blessings to all,
- 8:02 [Lost horizon](#) Thank you all
- 8:02 [Markroche](#) Thanks Molly, Pat, David and all
- 8:02 [Auntiematter](#) lovely meeting thank you
- 8:02 [Nortiana](#) Thank you all. Buenas noches
- 8:02 [Lost horizon](#) Goodnight
- 8:02 [Simmontemplar](#) Thank you all for great dialogues and perspectives. Good night
Buenas noches Nortiana