

The ABD

Class Number 26 - July 16, 2014

- 6:52 [Silverdale](#) Good evening One & All!
- 6:54 [Piandjo](#) Same here , George!
- 6:55 [PRO Gnosticman](#) Good evening ti all from the unseasonably cool Ozarks, Loralilah and gnosticman.
- 6:56 [Silverdale](#) Pi - I spoke to Susan earlier ... she wants you to read for her ..
- 6:56 [Lost horizon](#) Hello, all
- 6:56 [Piandjo](#) Loralilah and gnosticman, glad you are here, as always.
- 6:57 [PRO Gnosticman](#) Glad to be here
- 6:57 [Lost horizon](#) (12 viewers, 11 signed in)
- 6:58 [Piandjo](#) SD, I also spoke with Susan, and I will be happy to attend to the log.
- 7:02 [Pathworld](#) hello everyone
- 7:02 [Lost horizon](#) Hi, Path
- 7:03 [Pathworld](#) hi lost
- 7:04 [Vadere](#) hello
- 7:04 [PRO Markroche](#) Hi Campers
- 7:04 [Simmontemplar](#) Hello everyone !
- 7:04 [Lost horizon](#) Hi, Vadere
- 7:04 [Pathworld](#) yes i did it
- 7:04 [Lost horizon](#) Welcome
- 7:04 [Vadere](#) Simmon and I did
- 7:04 [PRO Markroche](#) Yes,did do
- 7:04 [Nortiana](#) hi
- 7:04 [PRO Gnosticman](#) yes we read
- 7:05 [Simmontemplar](#) Hi there ... Vedere
- 7:05 [Vadere](#) Hi Simmontemplar
- 7:06 [Simmontemplar](#) you see ! ...I did it again ...Vadere
- 7:06 [Vadere](#) lol no prob
- 7:07 [Nortiana](#) transportado
- 7:07 [Lost horizon](#) David says there was another word you used
- 7:08 [Nortiana](#) llevado, sí
- 7:08 [Simmontemplar](#) were you both reading in spanish ??
- 7:08 [Nortiana](#) llevado por las palabras
- 7:08 [PRO Markroche](#) Resonance seems like is what happened
- 7:08 [Lost horizon](#) elevated?

raised by the words?

what's the correct translation?

- 7:09 [Nortiana](#) it is the sound, I think

not the language where the teaching is contained

- 7:12 [PRO Markroche](#) I like what Nortiana said, it's vibrations every bit as much as, or lots more than, the words.
- 7:12 [PRO Gnosticman](#) no picture
- 7:13 [Lost horizon](#) anyone else having video problems?
- 7:13 [Vadere](#) not here
- 7:13 [PRO Markroche](#) n
- 7:13 [Silverdale](#) not here ...
- 7:14 [Lost horizon](#) Gnosticman - try pause / play button or refresh

or maybe a connection problem?

- 7:14 [PRO Gnosticman](#) I have refreshed and am now OK
- 7:14 [Gapalz](#) just froze here
- 7:15 [Simmontemplar](#) what's the point, sorry ?is that she read to you in spanish and you don't understand the spanish? but some how it worked ?
- 7:15 [Lost horizon](#) yes, Simmon
- 7:15 [Gapalz](#) ok now
- 7:15 [Simmontemplar](#) ok, thanks body !

Comment Piandjo: I think is the "Intent" incorporated in the writing; it doesn't matter the language. Tha's why it works

- 7:18 [PRO Markroche](#) and even in our native languages,most of the information given when someone speaks is literally not in the words. Something like 68% of the info is in the nonverbal 'sounds', rhythm, tones, timbre,etcetc

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- 7:18 [Silverdale](#) I agree Simmon ... "Intent" is a force ...
- 7:19 [Simmontemplar](#) give me five G !
- 7:19 [Silverdale](#) 5
- 7:19 [Lost horizon](#) (20 viewers, 17 signed in)
- 7:19 [Simmontemplar](#)
- 7:19 [Piandjo](#) Smmon, I will share your comment when an appropriate moment occurs. A very nice comment it is.
- 7:19 [Simmontemplar](#) indeed P, please feel free
- 7:21 [PRO Markroche](#) also, there are some mantras that it is said are most effective and best repeated silently. Not 'sub-vocally', actually silently. Point being that there are inner sounds and magnitisms and sound vibrations and god knows whats

god knows whats

- 7:23 [Silverdale](#) Good contribution - Mark ...
- 7:25 [PRO Markroche](#) thanks Silverdale

Lost,would appreciate if you would read the comments, otherwise they become almost irrelevant way after the moment has passed

- 7:26 [Piandjo](#) Mark, I believe you are referring to research done by Merebian and Ferris many years ago-- only 7% of any communication is verbal, 38% is para-vervbal (as you noted),

and 55 % is body language, most of which is facial expression. Paul Eckman has elaborated extensively on this work.

- 7:26 [Lost horizon](#) Hi, Mark

I'm not in charge of the comments today

- 7:27 [PRO Markroche](#) I believe you are accurate about that Piandjo. and thanks for the clarification

oh, thanks Lost. Is anyone?

- 7:27 [Lost horizon](#) One of the people on the phone does that for this class
- 7:28 [PRO Markroche](#) k, thx
- 7:28 [Lost horizon](#) (21 viewers, 19 signed in)
- 7:30 [Nortiana](#) from the beginning even when you didn't say my name

I felt the reading as directed to me

- 7:30 [PRO Markroche](#) Speaking of being 'in it' after reading with Iven, and I found his reading very directive and powerful, it had a powerful effect upon me.
- 7:31 [Silverdale](#) Mark - Piandjo is responsible for reading the log ...
- 7:31 [PRO Markroche](#) I had been having a day where the world seemed quite unfriendly and almost darksome. The reading was of the manifestation of the unresponsive guides.
- 7:31 [Vadere](#) with the readings I find if i apply it to the present moment it is the most powerful... like whatever thoughts and feelings are circulating through me and the reading dissolves them away
- 7:32 [PRO Markroche](#) Thanks Silverdale

Then, after we read I was walking neighbors dog in the park, and world still weird, and so, like it said in the reading, to, rather than withdrawing, to instead merge with the chamber

and it turned into an incredibly depthful experience unlike i had had before

- 7:35 [Nortiana](#) there is an exercise in the LRS course in which a participant read to someone in the group but without saying the name, and people have to say who felt the reading was addressed to him/ her. It is very surprising, most of the time people know when a reading is for them
- 7:36 [Simmontemplar](#) I experience the same Vadere
- 7:36 [Vadere](#)
- 7:36 [Simmontemplar](#) It is right in "the moment"
- 7:42 [PRO Markroche](#) that is fascinating Nortiana
- 7:44 [Piandjo](#) Yes, Nortiana, there is a knowing deeper than the "words' themselves.
- 7:44 [PRO Markroche](#) what you said Vadere is what a very famous acting teacher I know of says is the difference between a not so good actor, and a really good one.

the good ones do what you described

- 7:46 [Gapalz](#) best to go to facebook forum - LRS Forum, or go to yahoo https://groups.yahoo.com/neo/groups/LRS_TGAWorkGroupBusiness

for joining readers list and seeing requests for readings

- 7:49 **PRO** [Markroche](#) part of what i was getting at with reference to the experience in the park, is that applying the advice of the ABD readings that just did with Iven actually worked fantastically.
- 7:49 [Gapalz](#) Sorry, this is correct
link:https://groups.yahoo.com/neo/groups/LRS_TGAWorkGroupBusiness/info
- 7:50 **PRO** [Markroche](#) it then became almost exciting merging with the chamber (the park) and working to penetrate through the visions of the unresponsive guides to the void

whereas before then it had been getting a little bit twilight zony scary.

- 7:52 [Silverdale](#) Nice description - Mark ...
- 7:52 **PRO** [Markroche](#) thx
- 7:52 [Piandjo](#) spot on, mark . thanks.
- 8:00 **PRO** [Markroche](#) that

thats what i meant about the good actors

what Silverjust saidaboutwhat Vadere said

- 8:01 [Simmontemplar](#) You did very well Piandjo ! thank you
- 8:02 [Piandjo](#) ty, simmon.
- 8:02 [Lost horizon](#) go ahead and partner up for readings in the chat
- 8:04 **PRO** [Markroche](#) Have a healing circle in the ashram?
- 8:05 [Gapalz](#) can post in LRS forum to do readings - what is susans last name please?
- 8:05 **MOD** [Dokgoth](#) add
- 8:06 [Simmontemplar](#) I am here Susan too
- 8:06 [Silverdale](#) Kester
- 8:06 [Gapalz](#) ty readings: Obligatory Readers Invocation and readings 1 through 5

and Clear Light Runs of CL Orb

- 8:17 [Lost horizon](#) suggest reading tomorrow night at 8:00 pm also, as Pat said earlier
- 8:17 [Nortiana](#) Thank you Susan
- 8:17 [Piandjo](#) Blessings be, everyone. good night.
- 8:17 **PRO** [Markroche](#) Thanks all. Good night.
- 8:17 [Vadere](#) Good night
- 8:17 [Lost horizon](#) Thank you, all
- 8:17 [Simmontemplar](#) Love to you Susan !!
- 8:17 [Lost horizon](#) Goodnight
- 8:17 [Gapalz](#) goodnight
- 8:18 **PRO** [Gnosticman](#) Good night and thank you, Susan
- 8:18 [Nortiana](#) good night. thanks everyone
- 8:18 [Silverdale](#) Good night everyone ... wonderful invocation this evening ...

blessings on you Susan ...

- 8:19 [Simmontemplar](#) Good night and Thank you to All of you