

The ABD

Class Number 44

Rocky hola

Melissa Lorca Good evening, All

silverdale Good evening One & All!

Piandjo good evening everyone.

Shelley Boyce No to David

Ken Ahrns evening

Lost_Horizon We are having technical difficulties... no sound yet

Lost_Horizon please stand by

Rocky hear David now

Melissa Lorca I can hear

Shelley Boyce hi all.....sound is good

Lost_Horizon thank you

Shelley Boyce I hear all very well

Shelley Boyce lucky you !!!

gnosticman Good evening one and all!

Lost_Horizon Is Llara34 here this evening?

silverdale roll call - George - Seattle

Rocky Jim_H Edmonton, AB, CA

Shelley Boyce shelley - highland

Piandjo Harry-Austin

Melissa Lorca Melissa - Riverside, CA

[Lost_Horizon](#) Dan - Grass Valley

[Lost_Horizon](#) (Auntiematter is here also)

[Lost_Horizon](#) (14 viewers)

[Llara34](#) Hi

[Rocky](#) We read in the ashram at 7:30 pm on Fridays.

[pathworld](#) hi

[pathworld](#) hi

[Simmon Templar](#) ...I hear you; very good points

[Simmon Templar](#) I am not able to see the chat in the log; all is a black space in the right side; video is ok

[Vidad](#) seeing your comments

[Vidad](#) (Simmon)

[Melissa Lorca](#) Simmon, yours is the first post I see

[Simmon Templar](#) ohhh I see ...(that's funny) :)

[Simmon Templar](#) that's ok David; it was because nobody had done any comment :)

[Simmon Templar](#) Thank you Melissa

[Melissa Lorca](#) :-)

[Simmon Templar](#) ...and Vidad

[Dokgoth](#) hello everyone

[Melissa Lorca](#) Hello

[Simmon Templar](#) Hi Dok!

[Simmon Templar](#) first, that I am present; then I can observe in me (aware of) my emotions, thoughts and movements

[Vidad](#) holybooks.lichtenbergpress.

[Vidad](#) netdna-cdn[dot-calm]/wp-content/uploads/Philokalia.pdf

[Piandjo](#) Dan, Iven's voice is not coming through on the phone. FYI

[Vidad](#) I also met someone who was reincarnated as a cat... they were a cat at the time

Simmon Templar and then? In life situations, do you ask for teachings to the person you feel jealous towards to? (...half kidding)

Simmon Templar ...really

Simmon Templar ...my interpretation of the scene

Vidad two weeks ago that was a real aha moment about this material

Vidad that it can be applied like that - the coffeeshop example

Vidad that is huge

Vidad I'm sorry to blab so much but YES the coffeeshop is such a bardo thing - the food, the standing around... the clean white screen for all the crap to appear against

Melissa Lorca exactly, Vidad.

Rocky I was in Walmart the other day - the other end of the Bardo

Melissa Lorca :-)

Rocky Didn't see any happy couples

Vidad happy couples hee hee

Melissa Lorca This conversation is so rich.

Shelley Boyce y

Vidad yes will be here

Melissa Lorca Yes

silverdale I WON'T be here ...

Llara34 yes

Rocky I'm Canadian - I'll be here

Simmon Templar Harry which one is the paragraph to read in the mirror?

Piandjo can be here on Wednesday--probably.

Vidad rich run is the paraglyph to breed in the minnow?

silverdale page 154 - 25th edition - paragraph beginning Once back in ...

Simmon Templar I will be there for David and the Group

Rocky Starts: "Once back in planetary ... Simon

Piandjo Simmon, did you hear Pat's answer to your question?

Simmon Templar no, Pi I missed it

Simmon Templar Thanks Silver !!!

Lost_Horizon Rocky put it in the chat just a minute ago

silverdale :-)

Piandjo the paragraph beginning with " Once back in planetary existence i will spend....."

Shelley Boyce thank you all

Lost_Horizon Thank you all

Lost_Horizon Goodnight

Piandjo Goodnight all

silverdale Good night Every-One! Great invocation!

Simmon Templar Gottit Pi; thank you

Vidad :) :))

Llara34 goodnight

Rocky Thank you - nite

newMuspelSpark hi

Simmon Templar Thaks Rocky !!!

Dokgoth thank you and g-nite

newMuspelSpark guten nacht