

# The ABD

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## Class Number 45

Llara34 Hi

Melissa Lorca Hello

Lost\_Horizon Hello, all

TexasRosie hiu all

TexasRosie good evening

Lost\_Horizon would you like to call in, Rosie?

Lost\_Horizon (no one is on the phone yet)

TexasRosie music in the background

Vazraa hi :) evenin...mornin from here

TexasRosie what is the number

Shelley Boyce Good evening

Lost\_Horizon 1-218-862-3987

Ken Ahrns evening

Lost\_Horizon access code is 291472#

Shelley Boyce Good evening

TexasRosie i am getting that is not a valid passcode

Lost\_Horizon 291472#

Lost\_Horizon says David

Lost\_Horizon (thanks for trying)

Simmon Templar Hello everyone !

Lost\_Horizon Hi, Simmon

Lost\_Horizon No one is on the phone yet

Lost\_Horizon would you like to call in?

Simmon Templar Good to hear you Dan !

Simmon Templar Say Hi to David and Pat

Simmon Templar What or ...who ?

Vidad hi

Simmon Templar Welcome Vidad

Simmon Templar change of ..."habits"

Shelley Boyce sound and picture frozen

Melissa Lorca Refresh.

Shelley Boyce ok

Shelley Boyce good now thx

Melissa Lorca :-)

Lost\_Horizon "Acquiescence" the lesson of each chamber - you have the opportunity to change your relationship to the chamber

Lost\_Horizon (if picture freezes, pause/play works sometimes. If not, then refresh)

Lost\_Horizon (viewer count is 1 - there is only one) :)

Rocky hola

Simmon Templar I guess here is what "Doors" exercise works

Simmon Templar Hey Jim !!

Vidad thanks for sharing that story - good to talk/hear about the messy opportunities

Vidad no shortage of them in all flavors and varieties

Melissa Lorca Yes, thank you. Excellent example.

Vidad yes, once

Grokkey Hi

Rocky No I forgot

Melissa Lorca Hi Grokkey

Rocky I will do the exercis this week.

Simmon Templar What is understood as "Passion"? ...animosity ?ni

Simmon Templar I say it because in my mother language a "passion" is something good that you love, be that an activity, a love of etc.

Simmon Templar so language is deceiving

Rocky true in english too Simon, but the dark side is there too

Rocky a passion for sex, dominance, control etc

Simmon Templar I hear,...would be like strong tendencies?

Rocky Yes - swept away by them

Simmon Templar Thanks Rocky ...

Rocky yw

Grokkey Have to go to chant. Am interested to watch archives and hear answer to Simon's question.

Grokkey Thank you all. Happy Thanksgiving to One and All

Vidad happy thanksgiving Grokkey

Rocky same to you Grokkey

Melissa Lorca Happy Thanksgiving, Grokkey.

pathworld hi

Melissa Lorca Hi Path

pathworld Happy Thanksgiving all

Melissa Lorca You too

Rocky very nice Pattie

Lost\_Horizon Hi, Path

Simmon Templar Thanks Dan, and thanks for the great sharing of understanding !!

Shelley Boyce thank you all. very good tonight

Lost\_Horizon thank you, everyone

[Simmon Templar](#) To Pat, David and all of you

[Lost\\_Horizon](#) goodnight

[Melissa Lorca](#) We are grateful to you, Pat.

[Llara34](#) Thank you both for being and sharing

[Llara34](#) Thank you for sharing and being

[Melissa Lorca](#) Thank you all.

[pathworld](#) good night all

[Rocky](#) Thankyou - God Bless

[jinjerrojers](#) Thank you

[jinjerrojers](#) Good Night

[jinjerrojers](#) Lucid Dreams

[Tretuz](#) thank u!

[Vidad](#) good night, thanks for driving these interesting workshops ...workships ...worships? very helpful