

# The Third Book of the Dead called the Book of Ul'Malik

A.M.

Verse One-

He is Independent of existence - Like Ur Rachman,  
his beingness is not dependent on the external.  
But the external rests upon his beingness. He is the **Father**

Verse Two: Five elements are the guides for transit world :

The pancha tatva-



पंचतत्वाकम् कृष्णम् भक्तस्वरूप स्वरूपकम्  
भक्ताप्रतारम् भक्ताख्यम् नमामि भक्तशक्तिकम्  
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Quote by Picture Quotes

Soul never dies. Hinduism teaches us that there in no beginning and end for the soul. Water can not wet it. Fire can not burn it. Wind can not blow it. No sharp weapon can cut it. As a person discards old clothes and

wear new clothes, so is the soul discards one physical body and houses the other.

A body is the combination of Panch Bhoot - Prithvi, Jal, Vayu, Aakash and Agni. After a body dies, it is assimilated in these Panch Bhoot. You are right, it sounds much more peaceful and 'nature-like'. It is the soul in the body which goes in another body, which can be of a human being, an animal, a bird or any other living creature.

Body comes from nature and goes back to nature. It is an endless cycle. To say that, "it is the body which never dies", can at best be an extension of the scientific theory that matter never ceases to exist. It may take a different form. A human body is made up of 'Panchatva' and after death it goes back to 'Panchatva'.

Even in the death form we come face with these are incarnations the guides, and as we know that the guide is us and the entire cosmos is our doing, these 5 guides could be taken as our five constitutional elements

Bhuta Shuddhi technique in Tantra – to purify these 5 elements

<https://auromere.wordpress.com/2010/03/23/panchatattva-dharana-contemplation-on-the-five-elements/>

#### **Verse 4- 7 :**

Sudden detachment and dissociation

Emotions have not ended yet- feeling of pain and association is still there, the identification of the world is so much that it takes time to realize even at the death stage

" Radiations of his own primal elements of consciousness" – the primal elements are the pancha bhoota – the five spirits- the five essential elements.

#### **Verse 8 – 9**

Confrontation with Reality – begins

#### **Verse 10 –**

Uncertainty

- 1) Confronting reality
- 2) Ecstasy of Clarity
- 3) In dream state of life
- 4) Inverse process of creation of the world
- 5) Seeking rebirth
- 6) Awaiting rebirth

Only clarity is in the clear light- realized self – this uncertainty can be cleared by practicing , death practice methods and reading to the voyager, to help towards certainty,

Its only when empathy/ compassion is found that the voyager can be lead towards this passage, this is the next mile on the roadmap – the game is like a long unwinding maze that keeps opening as you keep going on. Finding the key is realization at any of the stages, the more the uncertainty, the longer the journey?

### **Verse 11**

As said above the three stages are all opportunities :

Stage one – Primary clear light and secondary clear light

Stage two- Five Primary elements become guides

Stage three – Not discussed here

Stage two- friendly first and attacking later, own five elements – the panchabhoot- the five spirits , their duty is to wake you up through different means

IDENTIFICATION with them or response to them is guided by our ego, if our ego is not rigid “ centralized” then the awe and fright will not be turbulent but we will be able to watch them with a sense of understanding. The vehicle of consciousness –through practice, past knowledge, awareness can avoid immediate rebirth.

### **Verse 12 onwards**

These instructions are for him whose ego is not centralized and is able to receive instruction because of destabilized ego.

### **Verse 13**

The way forward is explained to the voyager who is able to follow the instruction

Stage 2- Stage of Apparitions

Stage 3 – stage of seeking birth

### **Verse 14**

The idea of strengthening focus – and stabilization. A feeling of familiarity, orientation and empathy, stating it as a natural course of existence. He is not alone. There is nothing that shouldn't be.

### **Verse 15-**

Shed the baggage – its like a kid who has come home after an accident completely disheveled, clinging on to his bag and water bottle, the mother/ “ father” stabilises the kid first, takes off the bag, gives the kid an understanding of this being a “ normal” thing. The feeling of “normal”- how it is important even at death stage, the voyager, and the dead is still very human. Taking the excess baggage off and easing the voyager off.

## (((((((Getting The Mercy of The Lord

We follow all these regulative principles to get the mercy of the Lord, but it's that mercy that carries us beyond material conceptions. There is no other way. Ultimately we are simply begging for mercy. If you are not begging, you are not going to get it.

Quote by [Radhanath Swami](#) | Topics [Mercy of God](#)

### [Origin of Law of Karma](#)

Law of Karma originates in mercy of the Lord.

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- See more at: <http://quotes.iskcondesiretree.com/tag/mercy-of-god/#sthash.sn05nUTV.dpuf>))))))